

Kapolei Toastmasters (KTM)
Thursday, January 9, 2014
12:00-1:00PM
Kapolei Hale, Conference Room C
Meeting Recap
(Submitted by Joyce Bullion, TM, Kapolei Toastmasters)

1. Opening of Meeting:

- James Fu called the meeting to order and welcomed our members and guests to the meeting. We had 9 members and 4 guests.
- In attendance were KTM Members: James, Alex, Holly, Daniel, Eddie, Sara, Joyce, Libra and Rose. Guests in attendance were Cheryl Steimel (from Kapolei Kommunikators) and Jason Jones, and a big welcome to visitors Alicia Fu and Marta Dale.

2. Education Session:

- TMOD was Eddie Joseph. The theme of the meeting was “New Beginnings” which was very appropriate for the first meeting in the New Year



- Time Keeper was Joyce Bullion



- **AH/Grammarians/Word of the Day was Sara Toyama and the Word of the day was “incipient”-meaning beginning to develop or exist.**



- **Inspirational Thought/Jokemaster was Daniel Lum who told a story about a friend who wanted to make a resolution to exercise by doing a weight loss program called “5 day-5K” A nude woman stood on his friend’s porch who only had Nike shoes on. He chased her for 5 miles and never caught her. He lost 5 pounds so he decided to try it again and this time it was a nude woman with Reebok tennis shoes on and he lost 10 pounds. The third time the man was chasing him. Daniel’s resolution for the New Year is to just be himself...**



3. Featured Speakers:

- **Featured Speaker #1: James Fu delivered project #4- Presenting an award, Advanced Manual titled “Presenting ACB Award”. James delivered an excellent speech filled with Kudos to acknowledge and honor Rose’s efforts and achievements both inside Toastmasters and in her personal professional life and mentioned how much effort was put forth to achieve this.**



- **Speaker 2: Rosebella Martinez delivered a humble speech from Project # 5-Accepting an Award from the advanced manual titled “Accepting ACB Award”. Rose graciously accepted her well-earned ACB award. She made mention of how nervous she was when she delivered her ice-breaker speech and thanked everyone for being so patient. She also notated that though she has come a distance with her accent and other challenges, that she has a long way to go. SPECIAL CONGRATULATIONS to Rose for her many accomplishments on her short journey.**



- **Speaker #3: Libra Forde gave a speech titled “Personal Tune-up” which was Project 6 CC-Vocal Variety. As always Libra gave a vigorous speech on resolutions or commitments for the New Year. She made mention that just recently she has lost 4 dear friends under the age of 40 and they had not written their story. She suggested that we write our stories so it will live on forever. It was inspirational and down-to earth. We look forward to hearing Libra at the upcoming International Speech contest.**



- 4. Table Topics Master: Jason Jones talked about his New Year’s Resolutions asked 4 different questions to four different speakers called at random:**



- Sara was asked “How Can we accomplish our resolutions?” She answered simply: “PLAN!”
- Cheryl was asked, “What was your earliest memory?” She answered that “It was when her father was killed-crushed under a car.”
- Eddie was asked, “How did you achieve your DTM?” Eddie answered “It happened through habituation-practicing over and over again until you coordinate eye contact and speaking abilities to get better.” That was profound.
- Libra was the fourth Table Topic member and her question was “How do you improve your game?” She answered “She started running and you must be consistent and enjoy every moment of it.”

5. Evaluation Session:

- Evaluator for speaker #1 was Holly Holloway. Holly mentioned James many fine speaking qualities including sincerity in his delivery. She mentioned that he detailed what all was required for this prestigious award. He also listed Rose’s other accomplishments outside of Toastmasters. It was suggested that perhaps he could have not held up fifteen manuals as it was awkward.



- **Evaluator for Speaker #2 was Alex Agsalud. Alex commended Rose for her confidence, excitement and calm and relaxed composure and with no notes. No suggestions for improvement were mentioned.**



- **The Evaluator for Speaker 3 was not in attendance so we did a group evaluation for Libra Forde. Jason said she had vigorous delivery and good vocal variety. Once again it was to find a suggestion for improvement. Holly pointed out Libra had no ipad or notes. It was also mentioned that Libra has a strong voice and uses effective pauses. Holly suggested she have purpose to her movements and Eddie suggested she slow down some.**



6. Reports:

- **Timekeeper: Joyce gave a thorough report of everyone's time**

- **Grammarian/Ah Counter:** Sara was very professional and gave an accurate appraisal.
- **General Evaluator:** Cheryl gave a thorough report that everything was ready ahead of time and that we stayed on time. Eddie was a remarkable TMOD and did excellent with the challenges that came up and was commended for doing a group evaluation for speaker #3. Table Topics Master was commended for having 4 speakers with 4 different questions and the speakers were also commended for their responses. The featured speakers were effective and the evaluations were helpful. She also mentioned that nearly everyone had a part in the meeting.



7. **Closing remarks by Eddie were meaningful and precious. We relearned he is “Cool Eddie”.**
8. **Announcements and Adjournment: January 11 Executive Training at University of Phoenix in Honolulu from 9-noon and next week Owen will do a Dynamic training on “Evaluations”. There was a Succession Planning Committee meeting led by Holly due to the absence of Barney.**

