

Kapolei Toastmasters (KTM)
Thursday July 28, 2016
12:00-1:00PM
Kapolei State Building Room 577A
Theme: Navigation
Meeting Recap
(Submitted by Holly Holloway, DTM Kapolei Toastmasters)

1. Opening of Meeting:

- Holly Holloway, DTM opened the meeting and we followed her lead in the Pledge of Allegiance.
- We had 16 people total which consisted of 15 Members & one Guest. Our Guest was Jan Makepa.
- Members in attendance were: Jerome, Lani, Joyce, Micaela, Frank, James, Holly, Sherry, Michele, Rose, Sara, Serafina, Owen, Mariea, and Irobela.

2. Education Session:

- Holly introduced our TMOD Owen Tamamoto, ACB, ALB
Who introduced:
 - **Timekeeper:** Rose Martinez, DTM. Rose did a great job describing her role.
 - **Grammarians/Ah Counter/Word of the Day:** Joyce Bullion, CC, CL who described her role well. The word of the day was: Helmsmanship.

3. Jokemaster/Inspiration: Mariea Vaughan, CTM, sang a beautiful Hawaiian song that the Queen dedicated to her daughter.

4. **Featured Speakers:**

- **Featured Speaker #1:** Micaela Burney, TM gave her Ice Breaker Speech titled “Differently Abled”. This is her 3rd time to live in Hawaii. She shared how her father was in the Navy and was stationed here for the first time she lived here. Due to her father being in the Navy, she has lived in many different places such as England & Virginia. She shared about her genetic disorder and how it affects her and that is why they moved here to stay. Micaela shared about her Service Dog, Inca and how Inca helps her in all her activities. She left many friends behind when she moved here but communicates with them through Skype & Video conferencing. She joined Toastmasters to find new friends and also develop her speaking skills. I loved the phrase she used – “I have learned to live outside the box”. Looking forward to hear more from her.
- **Featured Speaker #2:** Frank DeGracia, TM gave Speech Project #3, Get to the Point, titled “Navigating through the Hurt”. Prior to his giving this speech, he had written a wonderful intro for Owen to read. When Frank started speaking, he was full of confidence. He asked a question, do we often wonder why? He shared how his Father was always his hero. When he was involved in sports in school, he could always look in the stands and see his father waving at him and giving him encouragement. But later in life he saw his father in a different light; his father had become extremely depressed. The children were always on guard to make sure the father did not do anything rash. However, Frank shared with us how he had found his father lying in the closet in a pool of blood and a knife in his hand. Frank, having studied to be a medic in the Army Reserve, rushed to give first aid while 911 was called. Frank kept saying “no, not this way”. He shared that the

only way he navigated through this pain was with his friends that were there to support him. What a moving story. So many of us had tears in our eyes. Great speech.

4. Table Topics Master: Irobela Wreagh, CC, CL did a great job of having questions related to the topic.

- **Speaker #1:** Sara Okuda's, TM question was: What are you thinking as you navigate to a new place? She responded by saying that she felt it was a "fresh start, starting a new life & new adventures – exciting.
- **Speaker #2:** Jerome Ababa's CC question was: Have you ever navigated the internet and ended up someplace other than where you wanted to be? He responded that he uses Google to mainly find hiking shoes and several times he just clicked the blue highlighted area instead of reading the actual address. Now he makes sure he reads the address.
- **Speaker #3:** Holly Holloway's question was: How do you navigate the new job. She responded that there was a worker who disliked her from day one and tried so many ways to get Holly "canned". She remained calm and 9 years later that same worker on Holly's last day gave her a fresh flower lei that she had made and wished me well. It just takes patience to deal with people like this.

5. Evaluation Session:

- **Evaluator for Speaker #1:** Lani Abrigana, ACB, CL gave a glowing evaluation for Micaela. She has a clear speaking voice; she was respectful of the time constraints; we saw a short shot of her life. It was hard to feel sorry for her because she doesn't feel sorry for herself. Her speech was well organized. She had good eye contact. The suggestion for improvement was to use less filler words.

- **Evaluator for Speaker #2:** Holly Holloway, DTM gave an equally glowing evaluation for Frank. Frank got to the point of sharing regarding his father. His speech title really fit his speech. He shared the good times and then the bad times. It was moving when he found his father lying in a pool of blood and he cried “no, no Dad- not like this”. The only suggestion for improvement was to use more of the speaking area. Looking forward to hearing more from this young man.

6. Reports:

- **Timekeeper:** Rose Martinez gave her Timekeeper report and stated that everyone was within their allotted time
- **Grammarians/Ah Counter:** Joyce Bullion gave her detailed report of filler words and use of the word of the day.
- **TMOD Closing remarks:** We need to continue to navigate & keep swimming so that we can find Dori!!

7. General Evaluator: Sherry Imamura-Ryan, ACG, ALB gave a glowing evaluation of our meeting. She loves our agenda. She loves how each person was prepared for their role. Her suggestion is that we change the TI club mission statement on the agenda to the new one from TI

8. Announcements/Adjournment: Holly Holloway, DTM, President made the following announcements:

- a. Final Officer Training at CPB trng room Wed. Aug. 3rd from 5:30pm-8:30pm
- b. Need help for the “Speech Contest” at our next meeting- Aug. 11, 2016
- c. There will be a New Member Orientation right after this meeting
- d. Meeting was adjourned at 12:58PM

