

Kapolei Toastmasters (KTM)
Thursday June 9, 2016
12:00-1:00PM
Kapolei Hale Conference Room "C"
Theme: National Papaya Month
Meeting Recap
(Submitted by Joyce Bullion CC, CL Kapolei Toastmasters)

1. Opening of Meeting:

- James Fu, ACB, ALB opened the meeting and we followed his lead in the Pledge of Allegiance.
- We had 19 people total which consisted of 12 Members and 7 guests.
- Members in attendance were: Joyce, Holly, James, Lani, Eddie, Rose, Owen, Frank, Sara, Princes, Mariea and Irobela. Honored Guests were Micaela Burney (with dog Inca), Achique Coyaso (A. C.) and son Brian, Tina Folster, C. J. Calio, Gavin Tokuiuda and Elijah McShane.

2. Education Session:

- James introduced our TMOD who was Lani Abrigana, ACB, ALB.
 - Who introduced:
 - **Timekeeper:** Princes K., TM was Timekeeper and did an excellent job describing her responsibilities by comparing the lights to traffic lights.
 - **Grammarian/Ah Counter/Word of the Day:** Macaela Burney, honorary guest, was our volunteer Grammarian/Ah Counter. She explained her role in high

style. The Word of the Day is Copious an adjective meaning a lot of something such as There is a copious amount of papayas.

3. **Featured Speakers:**

- **Featured Speaker #1:** Frank DeGracia, TM, gave a speech from the Competent Communicator #2 titled “Describe Dad: How to prioritize Your Life” with the project to organize. Frank began to tell us about his son Alex, 7 years old who was supposed to turn in a paper in which he described his dad in one word. His son wanted his dad to explain this assignment. So Frank asked his son to describe him in one word-like “handsome or smart”. His son shook his head no. Then his son came up with the word that best described his dad and it was “busy”. Frank was crushed. Frank shared three items of select out, schedule out and sift out. He explained some famous quotes and gave 3 principles. Frank displayed a glass and poured water in it and kept pouring until it overflowed. He had a towel under it to catch the excess. His point of the overflowing water was to illustrate that we try to do too much.
- **Featured Speaker #2:** Eddie Joseph, DTM gave speech titled: “Content, Context, Credibility” from Competent Communicator Manual #10 purpose is to inspire. Eddie elaborated on content, context and credibility. He stressed the importance of having an effective introduction. Eddie said when someone earns awards it does not mean they are good speakers but it means they have fulfilled the minimum requirements for the awards. He gave examples of how to speak with enthusiasm.

- **Featured Speaker #3:** Rose Martinez, ACS, ALB gave speech titled “How to Conduct Productive Meetings” from Success Leadership Series. Rose presented a power point presentation of how to conduct effective meetings. Rose gave a lot of information in a short time allotment. When you call a C E O most of the time, they are out to meetings. Actually, C E Os attend meeting 50-70% of the time.

4.Table Topics Master: Table Topic Master Holly Holloway ACG, ALB brought a ripening papaya to the podium and talked about the papaya tree that is outside her back door. Her neighbor picked papayas and made papaya stew. She asked the first question, “How do you make papaya stew?”

- **Speaker #1:** Honored guest, Elijah McShane, volunteered and spoke with confidence how he makes papaya stew. He said he throws in bananas and strawberries and a few more items and then laughed by saying he has no idea how to make papaya stew. I hope to hear more from Elijah. He displayed humor and confidence.
- **Speaker #2:** Holly shared that she loved papaya as a tourist from the very start. “Is there anyone who did not like it from the start?” Mariea Vaughan, CTM volunteered next and said she did not like the smell of it. It created a sensation of needing to throw up. The only way she can eat it is if she puts lemon juice on it.

5.Evaluation Session:

- **Evaluator for Speaker #1:** Irobela Wreagh, CC, CL evaluated Frank DeGracia, TM speech. Irobela told Frank he is an accomplished speaker. He has confidence and he speaks well to the whole room. He has good eye contact.

She said he used copious quotes. He could use less quotes and give his own words. His props were great. She had seen a similar thing on the Ed Sullivan Show many years ago. Frank did a lot of preparation. A suggestion is that he bring his son back into the speech as he does his closing. She ended with Frank had good transitions.

- **Evaluator for Speaker #2:** Owen Tamamoto, ACB, ALB began his evaluation of Eddie Joseph, DTM speech by saying Eddie's speech was like cutting open a papaya. It was sweet. Eddie challenged us to stretch and go beyond. He did well to inspire and uplift us by stressing we should raise the level. Owen asked how many would rewrite their introduction after listening to Eddie's speech. Many hands went up. Eddie was Top Papaya! Owen felt Eddie back-paddled about T V speaker.
- **Evaluator for Speaker #3:** The Kapolei Toastmaster members were handed a book titled "How to Conduct Productive Meetings" so we could follow with her and evaluate her speech more effectively. One person remarked her speech was very informative. Another person said she knew the content well and spoke with confidence. A suggestion was that there was too much information in one speech. She should break it up and do it in 3 speeches. Another person suggested she explain more about the success series.

6.Reports:

- **Timekeeper:** Princes gave a thorough accounting of everyone's time. We appreciate her continued willingness to help with a role.

- **Grammarian/Ah Counter:** Micaela did excellent with this role. She agreed that Eddie was Top Papaya. Four people used the word of the day but not the speakers.
- **TMOD Closing remarks:** Papayas are one of the only exports we have in Hawaii. They are rich in vitamin A and C. We should eat locally grown papayas.

7. General Evaluator:

- Irobela Wreagh, CC, CL had two roles and as General Evaluator she said:
 - The room is always set up by 11:45AM. Thanks to those who pitch in and set it up.
 - The President and TMOD set a good tone for the meeting
 - Guests were warmly greeted and properly introduced.
 - Speeches were interesting and the evaluations were constructive.

8. Announcements/Adjournment:

- James Fu, ACB, ALB announced that we need 4 more new members to qualify for the Presidents Distinguished Club award. James explained this is a prestigious award and we have qualified for it for the past five years. Since we have seven guests, he was encouraging them to join.
- Meeting adjourned at about 1:03PM.