

Kapolei Toastmasters (KTM)
Thursday January 28 12:00-1:00PM
Kapolei Hale Conference Room “C”
Theme: “National Chocolate Cake Day”
Meeting Recap
(Submitted by Joyce Bullion CC, CL Kapolei Toastmasters)

1. Opening of Meeting:

- James Fu, ACB, ALB opened the meeting. We followed his lead with the Pledge of Allegiance.
- We had 7 people total which consisted of all Members.
- Members in attendance were: Irobela, Owen, Cheryl, Joyce, Holly, James and Lani.

2. Education Session:

- James introduced our TMOD Lani Abrigana, ACB, CL.
 - Who introduced:
 - **Timekeeper:** Cheryl Faunce, TM, was our Timekeeper. Cheryl shared her role in style.
 - **Grammarian/Ah Counter/Word of the Day:**
Grammarian/Ah Counter was Holly Holloway, ACS, ALB. She shared her role and chose the word “delectable” as the word of the day. It can be an adjective or a noun and means delicious.
 - **Jokemaster/Inspiration:** Lani Abrigana, ACB, CL Gave inspiration by notating that today is the 30th anniversary of The Challenger tragedy. It exploded 30 years ago-killing all aboard. Ellison Onizuka was from Hawaii and before he left on that journey he gave a speech at his

alma mater Konawaena about how we should not only reach for the stars but the moon as well. As we all remember so well, the tiles failed to hold and the Challenger exploded killing all seven astronauts. She ended with “Each of us has the ability to do what is necessary to make this a better world.”

3. **Featured Speaker:**

- **Featured Speaker #1:** Irobela Wreagh, CC, CL gave speech project 1 from the advanced manual “ENTERTAINING SPEAKER” manual titled “I am not an Entertainer”. This speech was to be a personal experience that entertains. Irobela started by singing “..sway them to the left and to the right.” She took us on a ride down memory lane from the time she was 4 years old to today. She was asked to entertain at 4 years of age and was soo nervous. She took tap dancing and had to do “put your left foot out” ..etc She was the youngest of 5 children and everyone said how cute she was. She loves singing hymns in church with her family and she was the president of her high school choir. She moved to Hawaii and became involved at Unity Church-Diamond Head and chanted and did hula with Tony Conjugacion. She met her hubby at church and married at the age of 47 years. Irobela said she is not an entertainer but she is entertaining. She added that we do not see ourselves as others see us. She ended with the song “I did it my way” and mentioned how she sings to her husband “with every sunrise, I love you!”

4.Table Topics Master: Lani Abrigana, ACB, CL kicked off the Round Robin Table Topic session by asking Joyce what her favorite no-no is.

- **Speaker #1:** Joyce Bullion CC, CL said hands down her favorite no-no is donuts. In her old age she has a problem with sugar and could pass out so she flushes with lots of water. Her question was for Holly. Holly was asked what is her favorite chocolate dessert?
- **Speaker #2:** Holly Holloway, ACS, ACB shared her favorite chocolate is brownies with thick chocolate icing. She explained that chocolate comes from a bean so it is a vegetable. Her next question was for James. She said in a wedding they have chocolate cake for the groom..why?
- **Speaker #3:** James Fu ACB, ALB said chocolate cake is harsher than white cake and it represents all the hard work and responsibilities a man has when supporting a family. Good answer James! James called on Cheryl and asked her “What is her favorite dessert to make?”
- **Speaker #4:** Cheryl Faunce, TM answered that her favorite dessert to make is chocolate espresso cheese cake with G’nosh and red wine. She cannot remember all the things in it. Cheryl called on Owen and asked him “What is his favorite dessert to make?”
- **Speaker #5:** Owen Tamamoto, ACB, ALB answered that he loves to make cinnamon rolls from scratch. He bakes the bread and then adds the cinnamon. At this point I was drooling! I could almost smell it and taste it. Owen asked Irobela what is her favorite dessert to bake with chocolate in it?
- **Speaker #6:** Irobela Wreagh, CC, CL Irobela said her desserts have to have at least 72 % chocolate. Her favorite dessert to make is carrot cakes. It reminded her of her mom. She always used her mom’s recipe. Back in the seventies she lost the recipe and called her mom for it.

The phone call cost \$15.00. When her mom passed away she retrieved her mom's recipe and noticed her mom called it "The \$15 carrot cake".

5. Evaluation Session:

- **Evaluator for Speaker #1:** Owen Tamamoto, ACB, ALB evaluated Irobela Wreagh, CC, CL in high style. Owen said she gave an entertaining speech and the audience was definitely entertained by it. He said her speech was like a chocolate cake and her experience was the icing for it. She did well to take us on a journey of her life starting at 4 years of age, then elementary school, high school and up to today. Her stories were woven into the speech. It had twists and smooth turns. She did well to say we do not see ourselves as others do. She did not see herself as entertaining but others believe she does things that are entertaining. Owen suggested that she speak more in the present tense. He said her strongest asset is that she appears to be very comfortable.

6. Reports:

- **Timekeeper:** Cheryl did a thorough report of everyone's time. One person went over a little.
- **Grammarian/Ah Counter:** Holly gave a thorough report on word fillers, effective pauses, grammar and word-of-the day.
- **TMOD Closing remarks:** Throughout the meeting Lani had many useful tidbits about desserts. Some of the facts were that German chocolate cake was not created in Germany but by a man with the name of Sam German. Brownies were created because the originator forgot to put in leavening. James Baker in 1765 discovered how to make chocolate by working with beans. For many years it was

just used in drinks. Today we still have Baker's chocolate. There was time left so Lani gave a poem by Edgar Albert Guest called 10 Fingereed Mice.

7. General Evaluator:

- Joyce Bullion CC, CL was General Evaluator. She listed:
 - Room was set up 11:45 and there were three people who helped.
 - We had no guests.
 - The president set a good tone for the meeting.
 - TMOD-Lani deserves a hand from everyone. She was outstanding. She researched our topic thoroughly and gave interesting facts.
 - Our timekeeper gave a good description of her role and thorough report of each person's time.
 - Holly as Grammarian/Ah Counter did well to describe her role and turned in a thorough report of each one's word fillers, grammar, effective pauses and word of the day usage.
 - Kudos to Irobela for suggesting the round robin Table Topic method. It went smoothly. Everyone had a chance to participate.
 - Owen did an excellent evaluation. Joyce felt he should enter the evaluation speech contest next Fall.
 - The audience was responsive to humor and listened intently to the TMOD's interesting tidbits.
 - Suggestions were that we have guests, members and that all sign up to give speeches.

8. Announcements/Adjournment:

- James turned the announcements over to Holly.
 - Holly took a survey on how many want to have the International and Table Topics at KTM. The Area speech contest is March 12. One person is thinking on it.
 - We adjourned at 12:53PM.

