Kapolei Toastmasters (KTM) Thursday January 14 12:00-1:00PM Kapolei Hale Conference Room "C" Theme: "National Dress-Up Your Pet Day" Meeting Recap (Submitted by Joyce Bullion CC, CL Kapolei Toastmasters)

1. Opening of Meeting:

- President James Fu ACB, ALB opened the meeting and we followed his lead in the Pledge of Allegiance.
- We had 6 people total which consisted of 1 guest and 5
 Members. James asked our honored guest to stand up and be recognized. Honored guest was: Pua Mc Lafferty
- Members in attendance were: Joyce, Holly, Lani, James, and Sara.

2. Education Session:

- James Fu, ACB, ACL introduced our TMOD Holly Holloway ACS, ALB. Each displayed a picture of their beloved pets.
 - Who introduced:
 - **Timekeeper**: James Fu, ACB, ALB volunteered to be Timer at the last minute. He explained his role well.
 - Grammarian/Ah Counter/Word of the Day:
 N/A
 - Jokemaster/Inspiration: Holly shared inspiration off the cuff. She shared how important her pet is! She said pets make you healthy. Her dog, Pahu, gives her purpose and unconditional love. She walks him 5 times a day now that he is older than her, and she gets her exercise.

3. Featured Speakers:

- Featured Speaker #1: Lani Abrigana, ACB, CL shared Project number 2 from advanced manual "The Entertaining Speaker" titled "Growing Old". Lani started by showing us a picture of her rabbit with clothing on. She then shared that she has no grandchildren so her bunnies are her grand bunnies. Her father is 93 years old and lives with her. He says, "Growing Old sucks!" He wears a hearing aid but still cannot hear and is blind in one eye. He is the youngest of 7 children and has only one sister left. There are 6 advantages of growing old.
- 1. There is no age limit for getting your driver's license. Her dad still drives. She told a joke about a policeman that pulled over a car full of old ladies who were traveling 22 miles per hour. He warned them that driving too slow can be as dangerous as speeding. The driver remarked that she was going the speed limit of 22 miles per hour. The police officer said it is Route 22 not the speed limit. The policeman then asked what was wrong with the ladies in the back seat. She remarked we just got off Route 142.
- 2. Don't worry about what you wear. If you do not dress appropriately, no one will say anything. She said we can be proud of our wrinkles too. She told a story of when a granddaughter walked in while she was putting on wrinkle cream. The granddaughter asked what are you doing and she said put wrinkle cream on. The granddaughter walked away and said "Oh, I thought they were natural!"
- 3. You get props for doing the basic technical things. The bar is not set high for older people. People are in awe when you do email at 85 years old. The other day a husband came in and said he changed his password to "incorrect". That way when he logs in with the wrong password, it will tell him it is incorrect. Her uncle visited

the other day and asked for the wifi password. I told him it is taped under the modem. He could not get on so he asked am I spelling this correctly. "T-A-P-E-D-U-N-D-E-R-T-H-E-M-O-D-E-M.

- 4. You don't sweat the small stuff. A man went to the doctor and the doctor informed him he had good news and bad news. He asked the man what he wanted to hear first. The man asked for the bad news. The doctor informed him he had cancer and only months to live. The old man asked, "What is the good news?" The doctor said the good news is that you have Alzheimer's disease and you won't remember what I have said.
- 5. Temptation avoids you so you don't worry about being tempted. "Getting a little" action means you don't have to take a laxative. "Getting lucky" means you found your car in the parking lot. You wake in the morning feeling like the morning-after feeling and you did nothing last night.
- 6. You are growing old and avoiding the alternative.
 Eventually you brag about your age.
 Conclusion:

You can slow aging down by going through Congress. Growing old does not have to suck.

- 4. **Table Topics Master:** Joyce Bullion, CC, CL was Table Topic Master. She read the significance of "National Dress-Up Your Pet Day" and why it was created. It was created for fun and to celebrate fashion with pets. It mentioned it would be hard to dress a goldfish.
 - Speaker #1: James Fu, ACB, ALB was asked what kind of pets do you have? James has a cat and when he brought the dog home it was little so the cat thought it was a rat and the cat tried to catch it. His dog is part Chihuahua and terrier and his pets get along well now.

- Speaker #2: We often call people auntie or uncle, tutu or mom to our pets because we feel they are our children. You already shared you have no pets. Holly's father was offended when we referred to him as tutu. What are your thoughts on this? She called on our honored guest Pua McLafferty. She remarked that she grew up in the islands and the culture is that everyone calls others auntie, uncle etc as a compliment-meaning a way to connect better. She thinks it is wonderful that pets are treated this way. I look forward to hearing more from Pua.
- Speaker #3: Lani Abrigana was asked what type of clothing do you have for your rabbits? She answered she has an elf hat, a Santa hat, a pilgrim hat and an Indian headband. I see a pattern here!...The rabbit shakes it off as soon as she places it on its head and it is a challenge to photograph them.
- Speaker #4: Sara Okuda, TM, was asked if she has a dog and if so, does she dress the dog up? Sara said she got a new puppy for Christmas-a small breed. She has bought everything from Pet-Co. She uses a photo app to dress her dog. She may buy clothes later.
- Speaker #5: Holly was speaker number 5. She was asked "What is your favorite pet outfit?" Joyce mentioned that Holly is not a fan of dressing up her dog but Joyce is. Holly said her favorite dog outfit is the Santa Claus outfit. Her dog does not like to be dressed up and Holly feels sorry for him.

5. Evaluation Session:

• Evaluator for Speaker #1: James Fu, ACB, ALB evaluated Lani Abrigana ACB, CL. James explained that the Competent Communicator Manual consists of ten

speeches and Lani has completed all ten and is now into the advanced manual. James loved Lani's speech and said it was entertaining and hilarious. She looked very comfortable and made a smooth delivery. She used the speaker area well and made good hand gestures. He suggested she use more vocal variety. The speech was so funny that he thinks it is good enough to be given in the speech contest.

6. Reports:

- **Timekeeper:** James gave a thorough report of everyone's time. We appreciate him stepping in at the last minute to do this important role.
- Grammarian/Ah Counter: N/A
- TMOD Closing remarks: Holly was an excellent emcee and did well to fill the hour even though we had only one speaker. She told stories about her beloved pet. She also talked about living in Whitesboro Texas and being in charge of the Pet look-alike contest and how much fun it was to judge who looked most like their pet.

7. General Evaluator:

- Joyce Bullion stepped in at the last moment as General Evaluator. She said:
 - The room was set up by 11:45AM
 - She thanked James for stepping in at the last moment to fill roles.
 - The President, James, set a good up-beat tone for the meeting.
 - Holly did excellent as TMOD. There were smooth transitions between roles.
 - We started and ended on time.
 - She had good podium etiquette
 - o Timekeeper was clear and effective.

- She explained that we had no grammarian and she recently learned that some of the clubs charge members for each filler word and 25 cents for omitting use of the word-of-the day.
- Table Topics Master ruled! Lol
- Lani's speech was awesome and funny and she agreed
 Lani should enter the speech contest with it.
- James gave a positive evaluation with a good suggestion for improvement.
- Lastly, there was good audience participation...fun meeting!

8. Announcements/Adjournment:

- Holly announced:
 - The Executive Team meeting is at noon this Tuesday
 January 19...location to be announced. We will discuss
 meeting twice monthly-the second and fourth
 Thursdays starting in February.
 - We need a TMOD for the meeting of January 21-Joyce volunteered to be TMOD if someone else does the recap.
 - Holly talked about the popsicle method of assigning roles for upcoming meetings.
 - We adjourned at 12:55PM