

Kapolei Toastmasters (KTM)
Thursday November 5, 2015
12:00-1:00PM
Kapolei Hale
Conference Room "C"
Theme: "American Football Day"
Meeting Recap
(Submitted by Joyce Bullion, CC, CL Kapolei Toastmasters)

1. Opening of Meeting:

- Holly Holloway, ACS, ALB opened the meeting and we followed her lead in the Pledge of Allegiance.
- We had 12 people total which consisted of 1 guest and 11 Members. Holly gave a warm welcome to our honored guest Justine Gronwald.
- Members in attendance were: Holly, Joyce, Tanya, Jerome, Sara, Eddie, Christine, Rose, Chakib, Lani, and Owen.

2. Education Session:

- Holly had a triple role and was also TMOD.
- She introduced:
- **Timekeeper:** Sara Okuda. TM, is our experienced Timekeeper. She shared her role in detail.
- **Grammarians/Ah Counter/Word of the Day:** Jerome Ababa, CC, was our last minute volunteer for this important role. He explained his role and used "Gridiron" as a word of the day which is a noun for a field in which there are two goal posts.
- **Jokemaster/Inspiration:** Holly's third role was as inspiration master. She talked about Marcus Mariota, famous football player. He decided in the fourth grade to become a professional football player. We can

approach our goals in Toastmasters like this by writing down our goals and making a plan to achieve them. We can then use our honed communication and leadership skills to achieve what we want in life.

- **Featured Speaker #1:** Eddie Joseph, DTM, was first and gave a speech titled “In My Humble Opinion”. He shared with us what is required for evaluating speakers in Toastmaster’s. Eddie started out by quoting from the Bible “Wounds of a friend are better than kisses from an enemy.” Eddie shared how evaluations are based on our opinions and are not set in gold. An evaluator needs a copy of the speaker introduction form. Eddie shared how he recently gave a speech at a contest and was evaluated by many. He thought it to be very helpful. It was suggested he stand up straight and take off his glasses so we can see his eyes. When evaluating others we should be on the lookout for eye contact, confidence, timing, pauses, pace and opening is very important as that is when we can connect with our audience. Everyone is somewhat nervous, but it needs to be controlled well. The best way to practice for a speech is to go over and over what you will say and form a habit.
- **Featured Speaker #2:** Rose Martinez, ACS, ALB, gave speech number 5 from Public Relations Manual with question and answer session titled “How to Survive a Company Crisis”. Rose talked about a Pharmaceutical Company that produced a pill that was used for pain and had a bad smell to it. The pill was named “lonelyt” and it got a bad smell from the pallets it was shipped on. The FDA recalled it. The company Rem Pharmaceutical has three criteria to follow: comply with FDA, export

professionally, upgrade facility. We then went into the question and answer session and three people asked her pertinent questions. Questions were: How will it be fixed? How will they eliminate adverse reactions? Were there any deaths from this? When will it be fixed? Rose gave great answers.

- **Featured Speaker #3:** Chakib Benachour, TM, gave speech number 4 from Competent Communicator manual with project of How to Say It titled “Appreciation”. Chakib was recently on the Big Island for military training and they spent a day at Waimea. He met a man with a white beard that looked Biblical. He had sparkling eyes and looked as though he had many life struggles and hardships. Chakib connected with this man like he had known him his whole life. Chakib grabbed the guy by his forearm as he appeared teary-eyed. He thanked him! Chakib said in his life in the military he had missed a lot-birthdays and kisses. The old man prayed for Chakib and said it is time for him to live life to the fullest. Both met as strangers but left as friends. Each appreciated each other.

4. Table Topics Master:

- Joyce Bullion, CC, CL stayed with today’s theme and shared why it was chosen. She said America’s first football game was played on November 6, 1869 between Rutgers and Princeton. She shared she grew up in Detroit Michigan and the Detroit Lions were a losing team so she has always cheered for the Dallas Cowboys.
- Speaker #1: Honored guest Justine Gronwald was asked to answer the first question which was “What is your favorite football team? Do you even like football?” Justine

responded with she is a couch fan when football is on television she cheers for them. She was a cheerleader back when and just repeated what she was asked to say but lacked real passion for the sport. I loved hearing Justine speak and look forward to hearing more from her.

- **Speaker #2:** Christine Pascual was asked if she was a “football whisperer” how would she act out a play? Christine was precious in her response. She does not care for football and knows little about how it is played. She also is a couch fan and tries to act like she knows how it is played. We are so glad to see Christine return after a while and welcome her as a reinstated member.

5.Evaluation Session:

- **Evaluator for Speaker #1:** Lani Abrigana, ACB, CL evaluated Eddie Joseph, DTM. Lani did not have a guide line for evaluating Eddie because his speech was not from a manual. Eddie is a seasoned speaker and gave an informational speech. He did a lot of research and gave helpful information. Eddie walks the talk. He had a good opening and had a misstep but made a good recovery. He had vocal variety and delivered his speech well. Lani suggested he choose a better title because this title was mysterious and we did not have a clue what his speech was about. He took us to the train station and stopped abruptly. He might better arrive at the station slowly and have more content in the conclusion. He did well to share his personal experience.
- **Evaluator for Speaker #2:** Tanya Mendoza, CC, evaluated Rose Martinez and followed the guide closely. Tanya thought Rose did well on how to survive a company crisis

by citing three solutions. Rose spoke clearly and delivered an effective speech. She gave positive examples. Rose is a seasoned speaker and skillful. The suggestion for improvement was that it was confusing as to how an odor got into the pills that were closed. She could have clarified that or made up a speech with more credible details. Great evaluation, Tanya. The question answer session was effective.

- **Evaluator for Speaker #3:** Owen Tomamoto, ACB, ALB was evaluator for Chakib. Owen started by thanking Chakib for his service. Speeches are like gifts and are wrapped with a bow. He used short simple words could be easily understood. He connected well and used effective adjectives and rhetorical phrases. Owen said a speech is like a football. A football needs a lot of air to be fully useful. He suggested Chakib put more air into the speech. He suggested Chakib use more body movements to express his passions. His speech had incredible value. His devotion, loyalty and sacrifice came through loud and clear.

6.Reports:

- **Timekeeper:** Sara gave a thorough report of everyone's time. We always appreciate all that Sara does behind the scenes and her willingness to take roles.
- **Grammarian/Ah Counter:** Jerome gave a somewhat thorough report of everyone's word fillers, effective pauses and usage of the word of the day.
- **TMOD Closing remarks:**

8. Announcements/Adjournment:

- Holly asked everyone what is a positive comment to describe today's meeting. Many agreed we had good speakers and the meeting has a good flow to it. No one had a suggestion for improvement. She asked that because we had no General Evaluator today.
- Holly mentioned we had a lot of first downs today and hopefully Saturday we will score a touchdown at the Fall Conference.
- Holly got three volunteers for next week's meeting roles by requesting it.
- Holly announced that we now have the ability to use credit cards to purchase silent auction items.
- District 49 Fall Convention is Saturday November 7 from 8AM-3PM with registration beginning at 7:30 at the Pagoda Hotel International Ballroom 1525 Rycroft-Honolulu Hawaii 96814 Park at Ross=\$3 for 8 hrs with validation.
- We adjourned at 1PM...