

Kapolei Toastmasters (KTM)
September 17, 2015
12:00-1:00 pm, Kapolei Hale
Conference Room "C"
Theme: "Citizenship Day"
Meeting Recap
(Submitted by Joyce Bullion, CC, CL Kapolei Toastmasters)

1. Opening of Meeting:

- President James Fu, ACB, ALB, opened the meeting, and we followed his lead in the Pledge of Allegiance.
- We had a total of 13 people which consisted of 1 guest and 12 members. James asked our honored guest Cheryl Faunce (brought by Tanya Mendoza) to introduce herself to the club.
- Members in attendance were: Lani, James, Holly, Joyce, Etsuko, Angela, Jerome, Tanya, Mariea, Irobela, Sara and Owen.

2. Education Session:

- James was also TMOD. He began by telling us a little about the history of Citizenship Day.
- **Timekeeper:** Sara Okuda, TM, was our Timekeeper. Since Sara had to step out of the room, Holly graciously stepped in and explained the timekeeper role. Sara returned as Holly was wrapping up the timekeeper explanation.
- **Grammarian/Ah Counter/Word of the Day:** Irobela, CC, CL, was Grammarian/Ah Counter and explained her role

to us in style. The Word of the Day was
“Commemorate” -a verb.

- **Jokemaster/Inspiration:** Lani Abrigana, ACB, CL. Lani inspired us with some personal information about why she joined Toastmasters. She did not join to be a better speaker, but she joined to improve her interpersonal relationships at her job as photographer of new hires. She took a photography class and her teacher suggested she take instruction for public speaking. So she joined Toastmasters and has improved her interpersonal relationships. Lani has been attending our meetings for a year, and we are so grateful to get to know her better. Lani is inspirational and entertaining with her quiet dry humor.

3. Featured Speakers:

- **Featured Speaker #1:** Lani Abrigana, ACB, CL was our first speaker. Even though Lani has been in Toastmasters for seven years, she had not yet done a speech at the Kapolei Toastmasters club, so Lani delivered an ice-breaker speech to introduce herself to our club. The ice-breaker speech is from project number 1 in the Competent Communications manual. Lani’s speech was titled “The Story Behind the Name.” Lani has an identical twin sister, who was born first, and Lani soon followed. Her parents gave them their names by splitting the Hawaiian name, Leilani. Since her twin was born first, she was named “Lei” and “Lani” was given to her. It was good they were not born males or they may have been named Ike and Mike. Lani has always gotten along very well with her twin sister because they realized they had to be nice to each other in case one of them needed bone marrow or an organ transplant. They lived in Nankuli near a Keawe forest. When

she was six years old and her dad was 35 years old, he went to school for literary studies. He would then read the twins Edgar Allan Poe stories at bedtime. The twins were only six years old, and the stories were scary. Her mom went to the University of Hawaii at 50 years of age and earned a degree in Asian History. Lani worked at various jobs and recently retired from the Hawaii Dental Service. To keep busy, she has taken a part-time job on weekends as salesperson at a furniture store. Talking with customers is like table topics where you need to speak on your feet and you don't have time to plan your response. She has been happily married to her husband for 36 years. She has an ideal son but she can't wait until he gets married and give them grandchildren. Her grandkid replacement is 2 bunny rabbits-Flopsy and Mopsy. Her hobbies are making greeting cards, reading and going to the YMCA. It is so good to get to know Lani better, and I look forward to her next speech.

- **Featured Speaker #2:** Angela Smith, ACS, CL gave a speech from the Successful Club Series, titled "Finding New Members for your club". Angela did a power point presentation. She said we need to talk to friends and relatives and shared how she spoke with friends and relatives on her recent trip to New York. She could have gone to a Toastmaster meeting while in New York but a close friend asked for information and she was able to find out where local clubs were from her computer. She also had breakfast with her brother who has a phobia of public speaking. She was able to find a comfortable venue for him. Angela also mentioned that at Kapolei Toastmasters Club, our V.P. of Membership, Mark, has made a very colorful and catchy flyer for our upcoming open house. Chris Matthews who is a political commentator has been very active in Toastmasters. Angela passed around a brochure called

“Speechcraft” which is a Toastmaster brochure for improving interpersonal relationships. Angela stressed the importance of keeping it personal. She quoted from Homer: “A guest never forgets a host who had treated him kindly.” She stressed how we need to greet warmly and follow up at the end of the meeting. We need to personalize guests. Toastmaster’s is good for learning speaking techniques and leadership qualities. It helps to create better citizens (Citizenship Day). She concluded her speech with: “Send everyone to Toastmasters!”

- **Featured Speaker #3:** Etsuko Fields, TM, gave speech number-6-vocal variety-titled “Me, Myself and I” from the Competent Communications Manual. Etsuko began by talking about her husband Dave. They have known each other for 21 years, and they have been married for 17 years. Today commemorates his birthday and also Citizenship Day. She has a 13 year old child and a seven year old. Her husband is a private person, but Etsuko was surprised to see how he helps to wake their children. He uses on a tiger hand puppet and speaking in a goofy high pitch voice, he prods the girls to wake up. The goofy voice makes the girls giggle to start their day. Etsuko talked about her many faces: 1) As a realtor, she presents an image with a professional voice; 2) As a mother, she presents another face 3) As a woman who grew up in Japan, she presents another image. When speaking in Japanese her posture takes up less space, and she has another face. 4) When she talks to her puppy, she speaks in a high pitched voice and displays another personality. I loved this speech and thought it was an excellent way to showcase her vocal variety.

5.Evaluation Session:

- **Evaluator for Speaker #1:** Holly Holloway, ACB, ALB evaluated Lani Abrigana, ACB, CL. Lani had excellent eye contact, was well-organized and really knows how to tell a story. Holly said we now know her as a daughter, mother and a wife. Although she is soft spoken, she could consider speaking a little louder. She spoke clearly and had good, smooth transitions, with excellent pauses. We are all grateful to know Lani a little better.
- **Evaluator for Speaker #2:** Owen Tamamoto, ACB, ALB, evaluated Angela Smith, ACS, CL. Owen gave kudos to Angela for her power point presentation. He said she presented some good recruiting tools and standards used outside as well. She had lots of positive energy and gave kudos for her sharing her personal experience. He said she did well to have a slide on “Make it personal”. He suggested she share more personal experience of how she has changed because of Toastmasters. He said she has incredible potential.
- **Evaluator for Speaker #3:** Tanya Mendoza, TM, evaluated Etsuko Fields TM. Tanya elaborated on how expressive Etsuko was. She had great volume and quality body language. She loved the way Etsuko showcased the many faces, vocal varieties and personalities we express in different situations.

6.Reports:

- **Timekeeper:** Sara Okuda, TM, gave a thorough accounting of each person’s time.
- **Grammarian/Ah Counter:** Irobela wreagh, CC, CL gave a thorough accounting of each person’s word fillers and grammar. One person used the word of the day.
- **TMOD Closing remarks:** James made his final remarks and introduced the General Evaluator.

7. General Evaluator: Joyce Bullion, CC, CL mentioned:

- Room was set up and signs posted by 11:20 am...Kudos to our Sergeant at Arms, Jerome Ababa, CC.
- Our honored guest was warmly greeted and was given a Club Information Packet (CIP).
- James did well to set an upbeat tone.
- James did great as TMOD and had smooth transitions between speakers and roles.
- Sara and Irobela were thorough in their roles.
- Because this meeting was the third meeting of the month, we omitted Table Topics, so that we could have an extra speaker.
- The evaluators were positive and made good helpful suggestions.
- Lani connected well with the audience and is a great speaker.
- Angela had good tips on how to grow your club.
- Mahalo to Etsuko for her giving a fresh flower lei to Joyce Bullion, CC CL for her birthday today. Joyce also wished Dave Fields a Happy Birthday and admitted she speaks in a high pitch voice to her dog and refers to herself as MOMMY and says goofy things to her dog.
- All in all it was a wonderful meeting with good flow and uplifting speeches.

8. Announcements/Adjournment:

- James had Sara announce that our dues are due by the end of September, 2015 for October through March 2016. They are \$40.50. Next Thursday, September 24 is the final meeting for September. Please pay your dues to Sara, James or Holly.
- Holly announced that because of family events, Jason Leue, CC will not be competing in the Area 5 Humorous

Speech Contest, this Saturday, September 19. Dr. Aki, TM has been notified that he is next in line for the Humorous Speech contest for Kapolei Toastmaster's Club but he has not responded yet. If he does not respond, Angela Smith ACS, CL will be asked to enter for KTM. The event is at Central Pacific Bank Training Room, 225 Queen Street-4th floor. The humorous speech contest is from 12:30 pm to 3PM.

- James announced that Joyce Bullion CC, CL does a lot for Kapolei Toastmaster's Club and today is her birthday. So we all sang "Happy Birthday" to Joyce.
- Meeting adjourned about 1pm.