

**Kapolei Toastmasters (KTM)**  
**Thursday-September 10, 2015, 12:00 noon - 1:00 pm**  
**Kapolei Hale, Conference Room C**  
**Theme: "Peace"**  
**Meeting Recap**  
**(Submitted by Joyce Bullion, CC, CL Kapolei Toastmasters)**

**1. Opening of Meeting:**

- President James Fu, ACB, ALB opened the meeting, and we followed his lead in the Pledge of Allegiance. He then passed around the future meeting roles sign up spreadsheet.
- We had 12 people total which consisted of 2 guests and 10 members. James asked our honored guests to stand up and be recognized. Honored guests were: Channon Alcon and Wailele ("Lele") Malaki.
- Members in attendance were: Kiku, Holly, Joyce, James, Lani, Shemeeka, Owen, Sara, Chakib and Irobela.

**2. Education Session:**

- James introduced our TMOD who was Holly Holloway, ACB, ALB.
- who introduced:
- **Timekeeper:** Lani Abrigana, ACB, CL, shared her role as Timekeeper. We appreciate that Lani is always willing to step up when needed.
- **Grammarian/Ah Counter/Word of the Day:** Sara Okuda, TM, explained her role as Grammarian /Ah-Counter/word of the Day. Her word of the day was "Placid"-an adjective meaning calm, peace, tranquil. Example: "The day broke calm and still, after a placid night." Many thanks to Joyce for the word of the day.

- **Jokemaster/Inspiration:** Owen Tamamoto, ACB, ALB recited a poem called the “Bridge Builder” by Will Allen Dromgoole. It is:
  - An old man going a lone highway, Came, at the evening cold and gray, To a chasm vast and deep and wide. Through which was flowing a sullen tide . The old man crossed in the twilight dim, The sullen stream had no fear for him;
  - But he turned when safe on the other side and built a bridge to span the tide.
  - “Old man,” said a fellow pilgrim near, “You are wasting your strength with building here;
  - Your journey will end with the ending day, You never again will pass this way;
  - You’ve crossed the chasm, deep and wide, Why build this bridge at evening tide?”
  - The builder lifted his old gray head; “Good friend, in the path I have come,” he said,
  - “There followed after me to-day A youth whose feet must pass this way.
  - This chasm that has been as naught to me To that fair-haired youth may a pitfall be;
  - He, too, must cross in the twilight dim; Good friend, I am building this bridge for him!”

That is an awesome Poem, Owen and appropriate for the theme. We do build bridges for others to cross.

### 3. Featured Speakers:

- **Featured Speaker #1:** Kiku Rees, TM, gave her ice-breaker speech (Project No. 1) from the Competent Communications manual, titled “Seeing Japan from the Outside”. Kiku graduated from a university in Japan and then went to work in Enid, Oklahoma. Enid was a cowboy

town. There were cows right in town and the land was so flat, they had beautiful sunsets. It was so different from Tokyo that she had a hard time adjusting to the culture. She was homesick. Four or five years ago, she moved to Hawaii and loved the Aloha Spirit. She is still homesick, however. When she viewed the 9.2 earthquake in Japan a few years ago (on television), she realized she was now an outsider to Japan, but she was so proud to see how everyone in Japan helped each other during this disaster. She is so proud of her native country. She loves Japan! She hopes that as we move on in life and view things as an outsider, we can better love and appreciate what we view as an outsider. What a great idea and a great speech. We all look forward to more speeches from Kiku and learning more about her.

**Featured Speaker #2:** Shemeeka Nabea, TM gave speech number 7 (seventh speech in seven months!) from the **Competent Communications** manual. Her objective was **to** “Research Your Topic”. Her speech was titled “Nobel Peace Prize”. Shemeeka started by asking us a question: “Has someone influenced you in life-Why and How?” She then shared her personal experience of how she was influenced by the wife of a pastor. The wife brought her a glass of juice and she spilled it. The lady was very gracious and just cleaned it up and was very kind and loving. She then began to talk about Nobel Prize creator Alfred Nobel. Alfred Nobel’s father wanted him to be a chemist but he gravitated towards poetry. Shemeeka then shared about:

- 1) Malala Yousafzai-who wanted so desperately to have females and children attend school. A gunman who was determined to stop her, shot her in the face

three times at close range. She survived that attack and continued with her mission. Her father supported her attempts.

2) Martin Luther King whose original name was Michael. Michael was so motivated by Martin Luther that he changed his name to Martin Luther King and also changed his 5 year old son's name to the same. Martin Luther King fought for the rights of Blacks and all those were treated unfairly.

3) Mother Teresa worked so hard in orphanages and made so many contributions towards peace. What a touching speech! I look forward to Shemeeka's eighth speech!

- **Featured Speaker #3: Owen Tamamoto, ACB, ALB gave speech number 1 from "The Entertaining Speaker" titled "Peaceful ways"-Owen shared a story about Naomi who crossed a river. Once she crossed the river she came upon a different culture and different life style-very similar to Kiku's adventure. Naomi marries and has two sons and her husband dies. Naomi is still okay because she has two sons. Her sons marry and die in about 10 years. So Naomi is left to herself and she misses her homeland. Her daughter-in-laws were Ruth and Orpah (he said Oprah Winfrey-no!)-lol. Naomi does not want her daughters-in-laws to go. Ruth insists on going with her and Orpah stays back. So Ruth and Naomi cross the river and go back to Naomi's people. Ruth marries Boaz. Why do you think Ruth insisted on accompanying Naomi? Owen posed this question to us.**

**4. Table Topics Master:** Irobela Wreagh, CC, CL greatly helped out by doing two roles today. Not only was she an evaluator, she was also our Table Topic Master. Irobela came to the podium and sang a song about peace. Irobela has a beautiful, placid voice.

- **Speaker #1:** The question for speaker number 1 was: In the 60s did they promote peace well? James Fu, ACB, ALB volunteered to speak on this. He said in the 60s he attended Berkley College near People's Park. They held many peaceful demonstrations.
- **Speaker #2:** Irobela sang a line from the Ditty "...Buy the World a coke and sing in perfect harmony". Irobela called on Chakib Benachour, TM and his question was: If you could address the United Nations and suggest how to have peace in the world? Chakib answered as though he had studied it and was ready to answer. Chakib said we should approach each other as though we had no genders and no differences and join hands in harmony and sing with a heartfelt plea "Let there be peace on earth and let it begin with me." Chakib said we should look right and left and up and down and include the land for our children.
- **Speaker #3:** The question for our guest, Channon Alcon was "What do you do for yourself to maintain peace? Channon answered he likes to pray in the car while he makes his long drive into work. His entire family goes to church on Sundays and tries to maintain peace within themselves.

### 5.Evaluation Session:

- **Evaluator for Speaker #1:** James Fu, ACB, ALB evaluated Kiku's ice-breaker speech. James gave kudos to Kiku for her great smile, speaking so clearly and not using notes. Although Kiku had an opening, main body and a conclusion, he suggested that in the future, she think

about using a catchy opening. We all look forward to hear more from Kiku.

- **Evaluator for Speaker #2:** Joyce Bullion CC, CL evaluated Shemeeka's speech. Joyce also had two roles (Evaluator and General Evaluator). Joyce said Shemeeka did a wonderful job to fulfill her objective of researching her theme. She had good eye contact and did not use her notes. It happens that the three Nobel Prize winners she referred to were her favorites. She said the seventh speech was her favorite. She did well to connect with the audience by opening with a question for the audience. She did exercise some vocal variety and really reached my heart. The suggestion is that she exercises more drama and vocal variety. She ended with how touching the speech was as it came from Shemeeka's heart.
- **Evaluator for Speaker #3:** Irobela Wreagh, CC, CL, evaluated Owen's speech. Irobela said she thoroughly enjoyed Owen's speech and his visual aids. He put a lot of thought into the speech and preparing the presentation. He used humor by saying Oprah winfrey/Orpah and a few other things. He also mentioned that daughter-in-laws and Mother-in-laws often do not get along well, but in this case-they did. He left us with "More to come!" We did not know that Owen received a phone call just before the meeting that his dad had passed away. I admire Owen for performing his roles and send my heartfelt sympathy for his loss.

## **6.Reports:**

- **Timekeeper:** Lani gave a thorough report of everyone's time. No one went over their allotted time.

- **Grammarian/Ah Counter:** Sara Okuda, TM, gave a thorough accounting of everyone's word fillers, effective pauses and grammar and word-of-the day usage.
- **TMOD Closing remarks:** Holly made her closing remarks and called on the General Evaluator to give her report.

**7. General Evaluator:** Joyce Bullion, CC, CL, had duo roles today (evaluator and GE). She listed the areas in which we did well:

- The room was set-up by 11:45 am.
- Guests and members were warmly greeted.
- The President James Fu, ACB, ALB set a good uplifting tone.
- The TMOD Holly Holloway, ACB, ALB did well to stay on time.
- Lani and Sara did well and always are willing to help out as Time Keeper and Grammarian/Ah Counter. The word of the day was a good vocabulary builder.
- Irobela did well in her duo roles and stayed with the theme which gave the meeting a good flow.
- The evaluators did well to use the oreo cookie method with positive note-suggestion-positive note.
- Our meeting slid into somewhat a religious tone which is not the norm but it was in keeping with our "peace" meeting theme.
- Suggestions for improvements were to have more guests and more members attend our meetings.

**8. Announcements/Adjournment:** James Fu, ACB, ALB called Kiku Rees, TM to the podium to receive her ribbon for completing her ice-breaker speech:

- James had us look on the back of our agendas and read the announcements to us:
  - Sara Okuda, TM and Secretary/Treasurer announced that dues are due by the end of September for October, 2015 through April, 2016

and are \$40.50 (checks payable to Toastmasters International). Please give your dues to Sara (or to Holly or James).

- Holly announced the upcoming Area 5 Speech Contest on September 19 at Central Pacific Bank Training Room at 225 Queen Street; Honolulu from 12:30 pm to about 3 pm. Come out and support Jason Leue. Holly needs a timekeeper and a welcome table person. Please let Holly know if you can help.
- We have our membership drive from September 1-October 31. James has flyers for our upcoming Open House on October 22. Points are awarded for bringing in a guest. All members who attain points will receive a gift.
- Division B Contest is Saturday October 3 at the CPB training room at 225 Queen St. from 9:30AM-Noon.
- District 49 Fall Conference will be on Saturday November 7 from 8 am-3 pm in the International Ballroom at the Pagoda Hotel, 825 Rycroft St, Honolulu 96814
- Meeting was adjourned at 12:55 pm.