

Kapolei Toastmasters (KTM)
Thursday-September 3, 2015, 12:00 - 1:00 pm
Kapolei Hale, Conference Room C
Theme: "Labor Day"
Meeting Recap
(Submitted by Joyce Bullion, CC, CL, Kapolei Toastmasters)

1. Opening of Meeting:

- President James Fu, ACB, ALB opened the meeting, and we followed his lead in the Pledge of Allegiance.
- 12 people attended our meeting which consisted of ten members and two guests.
- Members in attendance were: Joyce, Holly, James, Angela, Lani, Sara, Etsuko, Tanya, Shemeeka and Jason.
- Guests included: Draupadi Hillier (Jason's young helper) and Eddie Joseph, DTM.

2. Education Session:

- James was also our TMOD.
He introduced:
 - **Timekeeper:** Etsuko Fields, TM, explained her role as timekeeper.
 - **Grammarian/Ah Counter/Word of the Day:** Sara Okuda, TM, shared her role as Grammarian/Ah Counter and her word of the day was "travail" which can be used as a verb or a noun and means hard work.
- **Jokemaster/Inspiration:**

Joyce Bullion stepped in at the last minute and began to deliver inspiration, but was rudely interrupted by Cedric the Centipede (an actual wild centipede wiggling on the floor of our conference room). It wiggled from Sara to

Lani. Lani then crawled under the table to smash it, but Cedric came back with more wiggles. So we pulled the tables out, and Holly came to the rescue and stomped that centipede. She used Lani's knife and then put it in a plastic bag. RIP Cedric! After all the excitement, Joyce delivered her inspiration. Cedric was a very hard act to follow. Joyce told a story about a female whale that was wrapped in crab traps and was struggling to survive. She was weighed down by hundreds of pounds of traps. In a couple of hours, help came with divers who cut each strand of netting from the whale. One diver said that, as he cut away the net from the whale's mouth, the whale's eye watched everything he did, and this changed the diver's life for forever. When the whale was completely free, it swam around them with joy and nudged each diver to say thank you. Some said it was the most beautiful experience of their lives. One big sweep of the tail could have killed them. In closing she said: May you be so fortunate ... To be surrounded by people who will help you get untangled from the things that are binding you. And, may you always know the joy of giving and receiving gratitude.

3. Featured Speakers:

- **Speaker #1:** Shemeeka Nabea, TM, gave a speech from Project No. 6 (Vocal Variety) from the Competent Communications manual titled, "My First Airplane Ride". Shemeeka talked about being a youngster and looking up at the sky while playing. When an airplane flew by, she would shout "Pick me up!" In 2001, she had an opportunity to take her first airplane ride when she moved to Hawaii. She was terrified as she thought about the recent airplane hijackings while she rode the bus to her

plane. As she boarded the plane, her husband was very calm as he had come to America from Kenya, and had lots of flying experience. She had butterflies in her stomach as the plane started to taxi. The airplane then dipped and went up above the clouds. She could not believe how quiet and steady the plane was. The plane ride was so smooth, she fell asleep and loved it! Great speech, Shemeeka! It took me back.

- **Speaker #2:** Holly Holloway, ACB, ALB, gave a speech from Project No. 3 (The Demonstration Talk) from the advanced manual, Speaking to Inform. The title of Holly's speech was "Let Me Show You". Holly used a power point presentation to show us what is needed for our club to qualify for the President's Distinguished Award (the highest distinguished club award attainable). Our club has received this award for five consecutive years. There are 10 goals needed to achieve this award. She listed five of the goals in her presentation. She said for this Toastmaster year, we have already qualified for four of the ten goals. By the end of the Toastmaster year (June 30, 2016), we must complete nine out of ten goals. Two goals that we are focusing on right now are acquiring new members for our club and having two members attain their advanced communications awards. She ended with "We will make the President's Distinguished Award again this year!". Good speech, Holly. You have opened our eyes and informed us.
- **Speaker #3:** Jason Leue, TM, delivered a speech from Project No. 5 "The Humorous Speech" from the advanced manual, Humorously Speaking. The title of Jason's speech was "The Illusory Baby Bubble". Jason began by telling us

that before he and his wife had children, when they got ready to leave their house, they would just get up and go. Then, they had one daughter and then soon, another daughter was born. High school students in Hawaii learn about having a baby by having to carry a bag of flour all around school and by having to use an ipod and listen to a baby continually crying. However, nothing can prepare you for having children. Now, when they prepare to leave their house, it is so much different (with children). It starts with Jason yelling: “Rukmini, where are you???” and where are your shoes???” Please don’t dress the cat!!! Get in the car!!!” And every time he puts the car seat in the car, it seems like it always rains at the same time! When he hasn’t been in the car for a while and then returns, there are crackers all over the back seat. Then he and his wife, Rasika saw a woman at Costco with a cute little baby and they think “Oh, we need to have another baby!”, and the baby bubble appears! Some people ponder how our human species will be extinct if we do not have children, but it starts all over when kids are born. Jason was born with vocal variety and is so expressive and funny. I loved this speech!

4. Table Topics Master: Lani Abrigana, ACB, CL kept with the theme for today and talked about Labor Day. Her first question was “What has been the strangest or most unique job you have ever had?”

- **Table Topic Speaker Number 1:** Angela volunteered to speak on this. She said she is starting a new job or hobby as a photographer and when the centipede appeared she could not wait to take its picture. She will be leaving Sunday for New York and will take lots of pictures.

- **Table Topic Speaker Number 2:** Question number 2 was “If you did not have to work and you were healthy, what would you want to do?” Eddie Joseph, DTM, volunteered to speak on this. He said he has worked his whole life and not been able to do that. He quoted the Bible and reminded us of the two greatest commandments and then he spoke of the triple evils: Poverty, War and Racism and said he would like to devote his life to service. He quoted Martin Luther King.
- **Table Topic Speaker Number 3:** Question number 3 was “Have you belonged to a union and how do you feel about it?” James Fu, ACB, ALB volunteered to speak on this and said when he was working his way through school, he worked as a dishwasher and belonged to a union. He worked three hours a night and ate free trays full of food. He made good money and was able to meet his goals.

5.Evaluation Session:

- **Evaluator for Speaker #1:** Tanya Mendoza, TM, evaluated Shemeeka Nabea, TM. It was Tanya’s first time to evaluate a Toastmaster’s speech. Tanya gave kudos to Shemeeka for her clarity of speaking and vocal variety. She commended Shemeeka for sharing her personal experience. Many of us reflected on our first airplane ride and the ordeal of hostages. Tanya suggested that Shemeeka be aware that she shuffled her notes during her speech, and it was somewhat distracting. Tanya ended by saying that she always enjoys Shemeeka’s visual aids for her speeches.

- **Evaluator for Speaker #2:** We did a group evaluation for Holly Holloway, ACB, ALB. One person said Holly used good grammar and had no word fillers. Another person said Holly stood sideways and it affected her eye contact when she had her power point presentation. She needed more vocal variety and could have transitioned better. Another said her speech had lots of important information that we needed to hear. She really liked it.
- **Evaluator for Speaker #3:** A group evaluation was done for Jason Leue, TM also. One person said Jason was very funny. His speech was one we could relate to and it entertained all of us. Jason had excellent vocal variety and body language.

6. Reports:

- **Timekeeper:** Etsuko gave a thorough accounting of everyone's time.
- **Grammarian/Ah Counter:** Sara gave a thorough accounting of everyone's use of word-of-the day, grammar and word fillers.
- **TMOD Closing remarks:** James gave his final comments and introduced our General Evaluator.

7. General Evaluator: Joyce Bullion, CC, CL gave the general evaluation report:

- The room was set up by 11:45 am.
- Guests were warmly greeted.
- Cedric the Centipede set an energetic tone.
- Cedric upstaged and photo bombed the inspiration person (Joyce).
- Timer and Grammarian/Ah Counters were thorough and had a good word-of-the-day.

- Lani, the Table Topic Master did well to follow the theme and asked interesting questions.
- Table Topic speakers gave excellent responses.
- Tanya was outstanding with her first evaluation. She used the oreo cookie method with kudos-suggestion-kudos.
- Group evaluations were supportive and had many good suggestions.
- Jason's speech connected well with everyone and especially to those who have children because they laughed louder than the rest. Shemeeka connected well with the audience and helped us to think back about our first airplane ride. Holly spoke about our very important Toastmaster's club goals.
- Great meeting!

8. Announcements/Adjournment:

- James showed the announcements on the back of the agenda and stirred us to action by previously passing out the Open House flyer (courtesy of Mark), and James stressed that no one should hold onto their flyer; they need to give it to someone.
- He asked everyone to sign up on the spreadsheet that was passed around at the beginning of the meeting.
- Sara announced that our Toastmasters renewal dues (\$40.50) are due by September 24, 2015. Sara will accept cash or checks payable to: Toastmasters International.
- The Area 5 humorous and evaluation speech contest is set for September 19, 2015 at the Central Pacific Bank Training Room-4th floor. Holly is contest chair. See our website for more information. www.kapoleitoastmasters.com . Come out and support Jason!
- Meeting adjourned at about 1:00 pm.

