

Kapolei Toastmasters (KTM)
Thursday July 9, 2015, 12:00 noon - 1:00 pm
Kapolei State Building,
601 Kamokila Blvd., Room 111
Theme: "Vacations"
Meeting Recap
(Submitted by Joyce Bullion, CC, CL Kapolei Toastmasters)

1. Opening of Meeting:

- President James Fu, ACB, ALB opened the meeting, and we followed his lead in the Pledge of Allegiance.
- We had 17 people total which consisted of 3 guests and 14 Members. James asked our honored guests to stand up and be recognized. Honored Guests were: Amber Jacobson, and Martha and Isaiah Nabea (Shemeeka's keiki)
- Members in attendance were: James, Holly, Joyce, Angela, Lani, Mariea, Mark, "Dr. Aki", Chakib, Owen, Sara, Amy, Irobela and Shemeeka.

2. Education Session:

- James introduced our TMOD who was Chakib Benachour, TM who introduced:
- **Timekeeper:** Lani Abrigana, ACB, CL volunteered in the final hour to be the timekeeper and explained her role. She explained the time allotted for our two speakers.
- **Grammarian/Ah Counter/Word of the Day:** Dr. Aki Oshita, TM, was our Grammarian/Ah Counter and did well to explain his role. The word of the day was "Respite" which is a noun meaning downtime or recess.
- **Jokemaster/Inspiration:** Mariea Vaughan, CTM, as Jokemaster/Inspiration person lives in Kapolei and does

not take a lot of vacations but sang a song from one of the countries she visited, France. She sang “La Vie En Rose” (“where roses Bloom”) by Edith Piaf. The point of her song was to stress the importance of seeing life on the bright side. Mariea set a good tone for the meeting. We are all so grateful for Mariea’s presence.

3. Featured Speakers:

- **Featured Speaker #1:** Shemeeka Nabea, TM, gave a speech from Project No. 3 (Get to the Point) from the Competent Communication manual, titled, “Remembering the Occasions of Life with a Card”. Shemeeka started by asking us a question: “How many of you like to receive a card?” Shemeeka loves to make greeting cards. Greeting cards can be used for all occasions and come in all different prices. Shemeeka passed around some of her own greeting cards that she still treasures. The best way to find a card that says exactly what you want is to create your own card. Shemeeka then demonstrated how to create your own custom greeting card by showing us six important steps. Shemeeka explained a lot about greeting cards in a short period of time. We appreciate her so much and look forward to hearing her future speeches.
- **Featured Speaker #2:** Angela Smith, ACS, gave a speech from the “Successful Club Series”, titled “Going Beyond the Club”. Angela reserved a double speaking slot because her speech was 10-15 minutes long. Angela passed out an agenda from a March, 2014 Area speech contest in which she competed. Angela talked about how energetic she was when she first came to Toastmasters. In fact, when she’s at home, she spends most of her time on the Toastmasters International website. She belongs to three clubs and remembered how she was invited to

visit Kapolei Toastmasters while attending a party at Jicky's house. She had been told about the triple crown award and decided she wanted it, so she worked hard this year (her first year) and accomplished it. Angela used a power point presentation which showed us the functionalities of speech contests and what all is needed to put it together. Angela closed by sharing how she recently joined an advanced Toastmasters club in Honolulu in which is located very conveniently close to her office. Angela stressed that we should all go beyond as she has.

4. Table Topics Master:

- Amy Long, TM, was Table Topic Master and kept with our theme for today. She asked the question: "If you have traveled outside the United States, what have you learned from it?" We were over our time, so we limited Table Topics to two speakers.
 - **Speaker #1:** Holly Holloway, ACB, CL talked about traveling to Juarez, Mexico, many years ago. She talked about the home-made rugs that were hung for sale and how many did not have refrigerators and used dry ice to keep food cold. They also had to eat meat while it was fresh. When she returned home, she felt so grateful to be blessed and not poor like some of those in Juarez, Mexico.
- **Speaker #2:** James Fu, ACB, ALB volunteered next to answer the same question. James told about how he traveled to Yamanashi, Japan. His uncle took his family to a literary museum in Yamanashi in which they learned that the woman on today's Japan 5,000 yen currency bill is Ichiyo Higuchi. They learned that his grandfather almost married Ichiyo Higuchi. He ended by saying that the

woman on the Japan 5,000 yen bill could have been his grandmother. So, James learned some interesting family history from his trip to Japan.

5.Evaluation Session:

- **Evaluator for Speaker #1:** Mark Posenecker, TM, evaluated Shemeeka Nabea TM. Mark remarked how Shemeeka took action on her last speech evaluation recommendations. Shemeeka seldom used notes and had good eye contact, sincerity and conviction. Shemeeka connected well with the audience when she opened her speech with an interesting question. She passed around good visual aids (samples of her own greeting cards). Mark mentioned that Shemeeka could consider a more emotional speech opening, such as being excited and speaking loudly, “Wow, look what I got in the mail!” He also mentioned she could move more within the speaking area. You can tell Shemeeka loves to make greeting cards. Good speech, Shemeeka!
- **Evaluator for Speaker #2:** Owen Tamamoto, ACB, ALB evaluated Angela Smith, ACS. Owen explained how Toastmasters only give their personal view when doing speech evaluations, and we don’t represent Toastmasters International as expert speech evaluators. We never force those we evaluate to accept our suggestions and to change. He gave kudos to Angela for her natural vocal variety and passing out an agenda of her speech contest. He complemented Angela for sharing her personal experience. She came in early and made sure her visual aid equipment was properly set up. His suggestion was that she had not fulfilled her project objectives, or he just did not hear it. Her objective was to tell how the speech

contest impacted her and how it can benefit us. What is the importance of going beyond the club?

6. Reports:

- **Timekeeper:** Lani gave a thorough report of everyone's time. She was brief so we could end the meeting on time.
- **Grammarian/Ah Counter:** "Dr. Aki" gave a thorough report each person's grammar and word fillers.
- **TMOD Closing remarks:** Chakib gave his final remarks. Chakib is a personable emcee and did well to keep us on schedule.

7. General Evaluator:

- Sara Okudo, TM, gave a brief and thorough evaluation of the meeting. Sara remarked:
 - The room was setup by 11:45 am. Thank you to all who helped set up.
 - The meeting mood was set well.
 - Mariea gave us good inspiration with her singing of her French song.
 - Our Timekeeper (Lani) and Grammarian (Dr. Aki) were thorough.
 - Evaluators did well to give kudos and suggestions.
 - Kudos to Owen for explaining that our evaluations are our own personal view, and we are not experts on speech evaluations.
 - Sara suggested, as did Irobela last week, the importance of protecting the lectern.

8. Announcements/Adjournment:

- James Fu, ACB, ALB, announced that he forgot to pass the spreadsheet around for us to sign up for future meeting roles. He asked us to come and sign up.

- Joyce Bullion CC, CL announced that we will be meeting next week (7/16) at our regular meeting room in Kapolei Hale, Conference Room C.
- Meeting adjourned at 12:53 pm. We had just enough time to pack our supplies and leave the room by 1:00 pm for the next meeting. Thank you to all who helped pack our supplies so that we could leave on time.