

Kapolei Toastmasters (KTM)

Thursday

May 28, 2015

12:00-1:00PM

Kapolei Hale Conference Room C

Theme:

“Hobbies”

Meeting Recap

(Submitted by Joyce Bullion, CC, CL, Kapolei Toastmasters)

1. Opening of Meeting:

- President Holly Holloway, ACB, CL, opened the meeting and led us in the Pledge of Allegiance.
- We had 20 people total which consisted of 7 guests and 13 Members.
- Members in attendance were: Holly, Chakib, Lani, Joyce, Irobela, Shemeeka, Etsuko, Owen, Jerome, Jason, Rasika, Mariea and Sara. Honored guests were: Theresa Habernick, Alice Huang, Eddie Joseph, Dr Aki Oshita, and Steve Hutchison.

2. Education Session:

- Holly introduced our TMOD who is Holly Holloway, ACB, CL.
who introduced:
- **Timekeeper:** Eddie Joseph, DTM was last minute fill-in for Timekeeper. Eddie thoroughly explained his role as Timer.
- **Grammarian/Ah Counter/Word of the Day:** Chakib Benachour, TM, explained his role as Ah Counter /Grammarian. The word of the day comes from his children’s school and is “middling”. Middling is an

adjective, noun and/or adverb and means mediocre, commonplace, or moderate.

- **Jokemaster/Inspiration:** Jokemaster/Inspiration is Etsuko Fields, TM. When Etsuko was single her hobbies were reading, traveling, and learning different languages. Her husband's hobbies are scuba, mountain biking, reading and writing. When Etsuko asked her daughter what her hobbies were, her daughter responded that her hobby is her parents. So cute!

3. Featured Speakers:

- **Speaker #1:** Speaker Number one was Shemeeka Nabea, TM, who gave her ice-breaker speech titled "Growing With Change" Project Number one from the Competent Communicator manual. Shemeeka started by saying sometimes she welcomes change and sometimes she runs from it. Shemeeka is 39 years old and carries the labels of daughter, wife, mother and sister. She hails from Mississippi. Her dad remarried and she inherited more step siblings. She attended Mississippi State University and got her Associates Degree and Bachelor of Arts Degree. She dated her now husband for 9 months. They married in December, 2000 and he moved to Hawaii until she could join him. He is from Kenya and there was a large cultural difference that they had to work through. When Shemeeka was 6 years old, her mom gave birth to a girl and until then she was the only girl so it was a challenge. When she was 16 years old, her father and two of his sons were involved in a car accident and her father was said to be stable but then he passed away. The boys were also badly injured and they struggled with it. She stuffed a lot of her feelings and got angry easily and over-reacted at

times. After having children and living in Hawaii, Shemeeka got to be a stay-at-home mom which is the “Best thing ever”. It has been humbling and the children force her to come out of her comfort zone. She is sooo grateful. Wonderful speech Shemeeka. I feel we know you better now I look forward to hearing more from you.

- **Speaker #2:** Jason Leue, TM, gave speech number 6-vocal variety from Competent Communicator manual titled “What Are You Thinking?” Jason started by asking “What are you thinking? Where do thoughts come from?” Stop in the middle of a thought and ask “Where did this thought come from?” Trace the thought from its origin. Chase the thought as tornado chasers chase tornados. Some chasers try to get run over by a tornado. Thoughts are like clouds in the sky. George Harrison said “Highest happiness is in meditations”. A man named Walter Penfield did some far out studies on thoughts. He took off parts of the skull and tinkered in the brain. The conclusion was that we are not our brains. Thoughts only observe and are not strange. Personally I think about thought origins a lot and try to monitor them because they become my actions...Good speech, Jason.
- **Speaker #3:** Rasika Leue, TM, gave speech Number 3-Get to the Point-from Competent Communicator Manual, titled “Our Silly Goat”. Rasika is a homemaker. She and Jason live on a farm with their daughters and said to each other, “we need an animal!” Their funds were limited and they were not sure how to go about it. They have a friend named Monique who has goats and cows. She had a goat named “Tulsi” Since the Leues were familiar with Tulsi our State congress woman and liked her and the price was right, so they bought Tulsi. When it was time to get the

goat, Monique and her family were gone. Jason and Rasika had to round her up for a ride in the van. They chased Tulsi for a long time and finally separated her from her mother goat and were able to capture her. She gave a hilarious dialogue of the event. The goat banded and baaed from 6AM-7PM. They spent most of their time with the goat to calm it down. The girls did their homework outside by the goat. Their dog befriended the goat and it got easier. It jumped the fence so they got an electric fence. They thought you could feed a goat almost anything but Tulsi was a picky eater. Tulsi calmed down after she birthed a baby goat. That was a fun speech and I could see the experience in my mind. Great speech, Rasika.

4. Table Topics Master:

- Lani Abrigana, ACB, CL, was Table Topics Master and stayed with the meeting Theme: “Hobbies” and gave us a thorough definition of the word.
 - **Table Topic Speaker Number 1:** The first person invited to speak was Steve Hutchison, honored guest. His question was: “What hobbies do you have now that you enjoy?” Steve answered that he likes to play the guitar and ukulele. He is not into percussion instruments at this time. He also loves to do Yoga and he used to teach it on the Big Island.
 - **Table Topic Speaker Number 2:** Lani called Owen Tamamoto, ACB, ALB. His question was “When you retire which hobbies would you like to do?” Owen said he will retire as of December 31, 2015. He plans to play the guitar and the ukulele and to travel and to do Toastmasters more. YEAH! We all look forward to seeing Owen more in Toastmasters.

- **Table Topic Speaker Number 3:** Jerome Ababa, CC, was asked “Did you have a hobby when you were young that you no longer do? Jerome said as a youngster he collected bugs as a hobby. He no longer does that. He now arises at 6AM on Saturdays and he runs in Kapolei and Ewa Beach and stops at Garage Sales. He gets really good deals and recently paid \$5 for a Samsonite luggage.

5.Evaluation Session:

- **Evaluator for Speaker #1:** Irobela Wreagh, CL, evaluated Shemeeka’s ice breaker speech. Irobela said Shemeeka has lots of good speaking qualities. She has good voice and good energy. Her speech was better than “fair to middling”. She used good phrases such as when she said “Her father poured good wisdom into her”. She could picture what she was describing. She did a good summary of her life and then went back to tell about individual experiences. Irobela suggested she not look at their notes quite as much so she can have better eye contact. When you have better eye contact, you can connect better with the audience. We all look forward to her future speeches and are grateful to know Shemeeka better.
- **Evaluator for Speaker #2:** Etsuko Fields, TM, evaluated Jason’s speech. Etsuko said she always looks forward to Jason’s speeches. He did well to describe a thought chaser and he did well to describe tracing where thoughts come from. Jason connected well. Suggestions were that he use more vocal variety and more effective pauses between thoughts. Jason did thorough research and used a good quote.

- **Evaluator for Speaker #3:** Owen Tamamoto, ACB, ALB evaluated Rasika's speech. Owen said Rasika has a great smile and she gave a great speech about a goat. She had good posture and great confidence and sincerity. She had good eye contact and delivery with lots of humor. Baa Baa goats are good for their milk and cheese. Rasika's project was to get to the point and Owen suggested she be more specific with her "point". The point as we viewed it was to entertain and to tell how to catch a goat. Owen looks forward as we all do to hearing Rasika's next speech.

6. Reports:

- **Timekeeper:** Eddie Joseph, DTM, gave a thorough report of everyone's time. We appreciate him stepping in at the last minute to take on this important role. Eddie shared about his favorite hobby which is to make origami. I know for a fact that Eddie has learned it well and we know he taught it where he used to live.
- **Grammarian/Ah Counter:** Chakib Benachour, TM, gave a thorough report of everyone's grammar and fill-ins and told about those who used the word of the day. Chakib shared his hobbies are water sports and hiking.
- **TMOD Closing remarks:** Holly wrapped it up quickly as we were short on time. She introduced the General Evaluator.

7. General Evaluator:

- Joyce Bullion, CC, CL, was General Evaluator.
 - She remarked at how well the room was set up when she arrived at about 11:30 by Jerome and she thanked him. Even the signs were hung outside the doors.

- We had 7 guests and all were warmly welcomed, but we failed to introduce The Leue children-Rukmimi and Sao.
- The President set a good tone and introduced herself well as TMOD.
- Eddie filled in at the last minute as Timekeeper. We are grateful to Eddie.
- Chakib chose a suitable word-of-day and one we don't use a lot. Other than "Fair to Middling", I hardly use it at all.
- Lani as Table Topic Master stayed with the theme and asked really good questions and the speakers gave excellent responses.
- The evaluators gave support and stressed the good and also made good helpful suggestions for improvement.
- The audience reaction was above middling, entertaining and supportive.
- To summarize: I'm thrilled we had lots of guests, the meeting had a good flow and I look forward to seeing more of Owen.

8. Announcements/Adjournment:

- We were running late so there were no announcements but Holly called Shemeeka up to the podium to present her Ice-Breaker Speech Ribbon. Congratulations to Shemeeka!
- Meeting adjourned at 1PM.