

**Kapolei Toastmasters (KTM)**  
**Thursday, 12:00-1:00 pm**  
**Kapolei State Building, Room 111**  
**Theme: "OPEN HOUSE"**  
**Meeting Recap**  
**(Submitted by Joyce Bullion, CC, CL, Kapolei Toastmasters)**

**1. Opening of Meeting:**

- President Holly Holloway, ACB, CL, introduced our honored guests and asked each guest to mention how they heard about the Open House. She opened the meeting, and we followed her lead in the Pledge of Allegiance.
- We had 24 people total which consisted of 13 guests and 11 members.
- Members in attendance were: James, Eddie, Rose, Joyce, Holly, Etsuko, Alex, Angela, Sara, Mariea, Shemeeka.
- Honored guests were: Caron Ling, DTM, Troy Takekawa, Michelle Ichikawa, Michael Podolsky, ACG, Bryan Toda, CC, Joel Simon, Ava Beamon, Katie Minkus, Jerry and Gail Rustin, and Shemeeka Nabea"s three keiki.

**2. Education Session:**

- Holly introduced our TMOD who was Angela Smith, ACB
- Angela acknowledged our Division B Governor, Eddie Joseph, DTM, our Area 5 Governor, Rose Martinez, ACS, CL and Caron Ling, DTM, who is the District 49 Lieutenant Governor of Marketing and she then introduced:
  - **Timekeeper:** Etsuko Fields, TM, explained her role as Timekeeper in good fashion.
  - **Grammarian/Ah Counter/Word of the Day:** Alex Agsalud, CC, explained his role as Grammarian and then as Ah Counter. His word of the day was "aficionado"

which is a noun. It is so good to have Alex back at our meetings.

- **Jokemaster/Inspiration:** Bryan Toda, honored guest and past member gave our inspiration thought for the day, and he did so in grand style. Bryan referred back to his former elementary teacher and how she inspired him. His teacher, Mrs. Ishiboshi, asked the class to draw a picture of what each student wanted to be when they grew up. Bryan drew four stick figures and when questioned about it, he said it was him, his wife and his two children. Mrs. Ishiboshi praised Bryan's drawing and his life goal, and Bryan always remembered how this teacher positively supported his picture (his goal in life). Bryan got married this past year and is expecting his first child in the next two weeks, so his stick figure dream is coming to fruition. He is so inspired and excited that soon he will be a father and will soon experience his dreams. It is so good to see Bryan at our Open House, with his great spirit of joy. We are all happy for him.

### **3. Featured Speakers:**

- **Featured Speaker #1:** Our honored speaker was Caron Ling, DTM, who gave a speech from Project No.2 from the Competent Communication manual titled, "Two Types of People". According to Caron, there are two types of speakers: those that are "liars" and those that are "nervous". Caron talked about her first years in Toastmasters; it took her four years to attain her Competent Communication Award. But she really started growing in Toastmasters when she went outside her normal Toastmaster world by first being a target (test) speaker for a speech evaluation contest, then entering speech contests, and then taking on District Leadership positions. Caron emphasized that she learned so much more from her failures in Toastmasters rather than from her successes. At one point, Caron was President of two

Toastmasters clubs and an Area Governor, all at the same time. Although she thinks failed at being Area Governor because she had so many positions, she acknowledged that she learned much from her perceived failure. And look at her now, she's is one of the top three District 49 officers; she is the District 49, Lieutenant Governor of Marketing. Caron moved very freely around the speaking area, had great hand gestures, and connected very well with the audience with her great smile. Loved your speech, Caron! Caron is a successful realtor and recently got married in addition to her many other achievements. She is amazing!

#### **4. Table Topics Master:**

- Holly Holloway, ACB, CL, was Table Topic Master and did so in high fashion. She asked five people to share their opinions. Before calling on them, she passed out numbers to members and guests. Vanna White, aka, James Fu, ACB, ALB, spun the "Wheel of Toastmasters". The lucky winners (speakers) were as follows:
  - **Table Topics Speaker No. 1:** The first lucky speaker was honored guest Michelle Ichikawa. Michelle's question was: "How can Toastmaster's meetings benefit you?" Michelle shared that it could help her to be more comfortable when speaking. Michelle spoke clearly and showed good composure because she purposely kept talking until the green timing light turned on. Good job, Michelle. We hope to hear more from you.
  - **Table Topic Speaker No. 2:** Eddie Joseph, DTM, was speaker number 2 and his question was: "What has been your favorite speech since you have been in Toastmasters?" Eddie answered that he has enjoyed giving speeches about the history and culture of African Americans. Even though Hawaii has a lot of diversity, there is a lot to be learned about Black History. I had joined Toastmasters mainly because of

one of Eddie's speeches. I never heard the speech, but I heard about it. He had mentioned that even though laws are passed, it does not always change the hearts of people.

- **Table Topic Speaker Number 3:** Jerry Rustin, honored guest, was asked by Holly if "Leaders are made or born?" Jerry answered quickly that leaders are made and not born. If leaders were born, everyone would be a leader. Many think they are leaders but come to find out they are not. It takes practice and hard work to develop leadership qualities. Environment and choice also play a role. I loved Jerry's ability to speak on his feet and look forward to hearing more from him.
- **Table Topic Speaker Number 4:** Sara Okuda, TM, was asked "If you could get one person to join Toastmasters who would it be?" Sara chuckled and mentioned she would love to have her work associates join Toastmasters. She asked a few of them to come today and was disappointed that none were to attend. We are so grateful for Sara's continued support and contributions to our club. She is an important part of the Kapolei Toastmasters.
- **Table Topic Speaker Number 5:** Mariea Vaughan, CTM, was asked "What do you enjoy most about Toastmasters meetings?" Mariea said she loves to yak. She can talk and not be interrupted. She loves having an attentive audience. I love to hear Mariea express her passion about certain topics.

#### **5. Evaluation Session:**

- **Evaluator for Speaker #1:** James Fu, ACB, ALB, evaluated Caron Ling, DTM. James elaborated on how much he learned from Caron's speech. James held up the

Competent Communication manual and explained how there are ten different types of speeches required for the Competent Communication Award. He said Caron made excellent use of the speaker area and had good eye contact with the audience. She had an excellent opening, body and conclusion. The only suggestion to consider that the audience may not know the advanced topics of Toastmasters such as what is an Area Governor, District Governor, etc. It is such an honor to have Caron visit our club and contribute even though she is so busy. We are all richer for having her share her experience and look forward to her return.

#### **6. Reports:**

- **Timekeeper:** Etsuko Fields, TM, gave a thorough report of each person's time.
- **Grammarian/Ah Counter:** Alex Agsalud, TM gave a thorough report of each person's fillers, effective pauses and how many used the word of the day. Alex coined an excellent term: "effective smiles" when referring to Caron when she gave her speech.
- **TMOD Closing remarks:** Angela Smith, ACB made her closing remarks and was very personable in doing so.

#### **7. General Evaluator:**

- Joyce Bullion, CC, CL, said that it was a fun and inspirational meeting with a room full of aficionados.
- The room was set up by 11:45 am with cake and ice cream already waiting to be eaten.
- The President set the mood nicely by introducing our honored guests even before reciting the Pledge of Allegiance. She also asked each person what brought them to our Open House. That reminded us of the main purpose of our Open House: to have many guests.
- TMOD Angela Smith, ACB, was personable and did well. It was her first time to be TMOD and to chair an Open

House. She handed out Toastmaster pens to be the first guests to arrive and to those who were asked to share in the Table Topics session. The pens were a nice touch. Angela did a very good job.

- Alex Agsalud, CC, did well to choose his word-of-the-day aficionado. I confess I have never used that word. It is a good vocabulary builder. He also did well to notate Caron's "effective smiles".
- Holly Holloway, ACB, CL, did exceptional with Table Topics and working with with Vanna White, aka, James Fu and the "Wheel of Toastmasters". Holly asked questions directly related to the purpose for our Open House.
- James Fu, ACB, ALB, did well with his effective evaluation of our honored speaker. He gave kudos and made a valid suggestion for future improvement.
- The meeting had a good flow and had a good sense of connection.

#### **8. Announcements/Adjournment:**

- Holly Holloway, ACB, CL, made announcements:
  - Division B Speech Contest is April 11 at 9:30 am at Central Pacific Bank Training Room, 225 Queen St.-4<sup>th</sup> Floor. She needs one person to sit outside the door and to let the appropriate people in.
  - The District 49 Spring Conference will be on May 2 at the Pagoda Hotel. Registration begins at 7:30 am. Flyers will be available soon. Holly is chairperson for the silent auction and needs this to complete her Advanced Leadership Silver Award (ALS)
  - Six month membership dues are due by the end of March, 2015. Please pay \$40.50 to Sara, James, or Holly. Checks should be made payable to "Toastmasters International". Cash is also acceptable.
  - The meeting ended at 1 pm.