

Kapolei Toastmasters (KTM)
Thursday, February 5, 2015
12:00-1:00 PM
Kapolei Hale, Conference Room A
Theme: "Favorite Dish"
Meeting Recap
(Submitted by Joyce Bullion, CC, CL, Kapolei Toastmasters)

1. Opening of Meeting:

- President Holly Holloway, ACB, CL, opened the meeting, and we followed her lead in the Pledge of Allegiance.
- We had 14 people total which consisted of 10 members and 4 guests.
- Members in attendance were: Angela, James. Joyce, Holly, Kim, Lani, Etsuko, Eileen, Eddie, and Irobela. Honored guests were: Robbie Loo, Amy Long, Joyce Chinen and Gayle Chinen.

2. Education Session:

- Holly introduced our TMOD who was Eddie Joseph, DTM.

Eddie introduced:

Timekeeper: Kim Abe, TM was our timekeeper and she described her role.

- **Grammarian/Ah Counter/Word of the Day:** James Fu, ACB, ALB, was Grammarian/Ah Counter for today. James described his role and gave us the word, "piquant" as the word of the day. It is an adjective and means "pleasing to the taste."

- **Jokemaster/Inspiration:** Joyce Bullion, CC, CL stayed with the theme and told many cute pun jokes about food...like: “What do you call cheese that is not your own?” Answer: “Nacho cheese.”

3. Featured Speakers:

- **Featured Speaker #1:** Irobela Wreagh, CL, one of the original charter members of the Kapolei Toastmasters, gave speech number 5 from the Competent Communications manual, titled “My Little Hand”. The objective of project number 5 was: “Your Body Speaks”. Irobela gave a wonderful speech. She told how she was born in Yorkville, Michigan, and she held up her left hand to show where her little town is located since Michigan is shaped like a mitten. She then held up a plaster of paris imprint of her “little” hand and told the history of it. When she was in kindergarten, her teacher, Mrs. Scott, had each student make them. The imprints were meant as gifts from each child to their parents and her parents treasured it. Her teacher, Mrs. Scott also taught all of Irobela’s siblings as well, so Irobela’s parents received hand imprints from all their children. Her parents treasured all these gifts and displayed them proudly until the day came when her parents downsized their home and returned them back as special gifts to their children. It was a very touching speech and her speech was indeed a gift for all of us.
- **Featured Speaker #2:** Holly Holloway, ACB, CL, gave speech number 2 from the advanced manual, Special Occasion Speeches, Speaking in Praise, titled: “God’s Gift”. Holly spoke about her grandfather who was born in 1876 in Missouri. After attending school, he was a farmer, a carpenter and then he was hired as a Missionary and served the Northwest United States for

his church. He retired when Holly was born. She mentioned that he kept a journal and in this journal his son (Holly's dad) got engaged on his first date with her mom-to-be and then married her 10 days later. Her grandfather commented, "I fear it won't last 6 months" because her dad had been engaged 4 times prior to this. Her granddad loved to listen to wrestling on the radio (before TV was invented) and though he knew it was staged, he loved it. Her grandfather taught her how to play checkers in a different way. The loser won. So they would play to lose. She also read in his journal how her father nearly died at the age of four, and the doctor said he had only a couple of hours to live. Her grandfather prayed for him to recover and in a short time, her dad walked out of the bedroom and said he was hungry. Her grandfather was a very spiritual man, and he baptized her in cold water (they forgot to turn on the water heater) and when his wife passed away in a nursing home, he followed her within 6 months. He loved his wife so much. I loved her speech and thought a lot about my favorite person in my childhood.

- **Featured Speaker #3:** Angela Smith, ACB. gave speech project number one from the advanced manual, "The Entertaining Speaker" titled "Master of Ceremony". Her objective was to entertain the audience by relaying an experience with vivid descriptions and anecdotes or stories. She told us about one particular person in our club who came in energetic and went home and wrote 10 speeches. She did not tell us who it was. This person will be speaking at her Healthcare Professionals' Teleconference on February 13 at Queens Hospital, where Angela has ties. Angela had Holly pass out her flyers face down because the flyer told us who the person

was and gave additional information. One person guessed correctly who she was referring to and received a prize of a 2015 calendar.

4. Table Topics:

- Holly Holloway, ACB, CL, was our Table Topic Master. She stayed with the meeting theme of “Favorite Dish” and asked the guests if they wanted to share. Holly said her favorite dish to create is her homemade spaghetti. Someone wanted to use it in their restaurant business but she did not comply since they did not want to pay for her recipe. That business did not succeed two years later. The first volunteer was:
- **Table Topic Speaker #1:** Amy Long was asked “What covered dish would you take to a pot luck and why?” Amy told about the dip she made recently for a super bowl party. She had made 8 pounds of cheese dip with different cheeses and jalapeno pepper. The dip disappeared quickly and was loved by all. Great response, Amy. We look forward to hearing more from you.
- **Table Topic Speaker #2:** Robbie Loo volunteered to speak and his question was: “You went to a pot luck and loved a particular dish and wanted to take it home with you. What was the dish?” Robbie had no trouble responding quickly and said he loved fried rice and fried noodles. He would not have a way to take any home so he would eat as much as he could. He has taken Italian bread home a time or two also (with frowns from his parents). He is getting ready to run in the Great Aloha Run however and doesn’t need to worry about overeating.
- **Table Topic Speaker #3:** Eileen Helmstetter, TM, volunteered and her question was: “You are preparing your favorite dish and missing the main ingredient, what would you do?” Eileen said she would borrow the

ingredient from one of her neighbors. Eileen elaborated on how she gets lots of satisfaction when people love her food. Their joy is her joy. Great response, Eileen.

5. Evaluation Session:

- **Evaluator for Speaker #1:** Lani Abrigana, ACB, CL, evaluated Irobela and gave kudos for body language. Her speech was well-organized and well-rehearsed. She was poised and had good posture and great hand gestures. She had great eye contact and smooth transitions. She suggested that Irobela be aware that when she read from bookipedia, this could be a little distracting to the audience.
- **Evaluator for Speaker #2:** Eileen Helmstetter, TM, evaluated Holly and said Holly is her mentor so she felt honored to evaluate her. Eileen said Holly's speech was effective and appropriate and Holly was emotional. Her grandfather's qualities were effective and Holly expressed it well. She had good knowledge of facts that were either passed on or researched. The only suggestion Eileen could make was for Holly to not look down when she is thinking of the next words in her speech. Great effective evaluation, Eileen.
- **Evaluator for Speaker #3:** Etsuko Fields, TM, was evaluator for Angela. Etsuko was introduced as a mother, wife and realtor. Sometimes, Etsuko is also a Master of Ceremony and she thought it was coincidental that this speech had the same name. Etsuko mentioned that Angela relayed a personal experience. She expressed her passion and kept us in suspense as to who she was referring to. That was entertaining. Angela was persuasive. Etsuko could not think of a suggestion for improvement.

6. Reports:

- **Timekeeper:** Kim gave a thorough report of each person's time. It is sooo good to have Kim back and we look forward to seeing more of her.
- **Grammarian/Ah-Counter:** James is also a charter member of Kapolei Toastmasters and gave a thorough report of each person's word fillers and usage of the "word of the day". James does so much for our club. We appreciate all he does.

7. General Evaluator:

- Joyce Bullion, CC, CL, gave a favorable evaluation of the meeting. The room was set up by 11:45AM and we thank Jerome for all his devotion. He consistently stores our supplies and materials and brings them to the room on time for each meeting. Eddie Joseph, DTM, as Toastmaster of the Day was a great master of ceremonies and gave a history of our club charter and our club accolades. He was very personable and upbeat. The evaluations were encouraging. Joyce mentioned that we can always think of a suggestion for improvement. We had two first-time guests and Eddie did well to introduce them. Joyce forgot to mention how much we appreciate Eddie's new laminated tents for roles in brilliant colors. Suggestions for improvement were to put a sign outside the door on our room and to announce in advance for everyone to silence their cell phones.

8. Announcements/Adjournment:

- Holly announced that we need a Chief Judge for our Speech contest on February 26. Please let Holly or James know if you can help out.
- Holly announced that we appreciate Angela volunteering to be chairperson for our upcoming Open House on March 19.

- Holly asked us to pass the spreadsheet and sign up for future meeting roles.
- Holly will be attending the District 49 Officer's training this Saturday and will share information her experience from this training with us later.