

Kapolei Toastmasters (KTM)
Thursday January 8, 2015,
12:00-1:00PM
Kapolei Hale, Conference Room C
Theme: “New Year Goals”
Meeting Recap

(Submitted by Joyce Bullion, CC, CL, Kapolei Toastmasters)

1. Opening of Meeting:

- President Holly Holloway, ACB, CL opened the meeting and we followed her lead in the Pledge of Allegiance.
- We had 14 members attend today’s meeting.
- Members in attendance were: Etsuko, Eddie, Eileen, Eric, Angela, Irobela, Jerome, Sara, Rose, Holly, Lani, Joyce, Mariea, and Daniel.

2. Education Session:

- Holly wore three hats today. Secondly, she was TMOD And she introduced:
- **Timekeeper:** Jerome Ababa, CC. Jerome explained his role as timekeeper.
- **Grammarian/Ah Counter/Word of the Day:** Irobela Wreagh, CL, filled in at the last minute as Grammarian/Ah Counter and did so in style. She even had a Word of the Day which was “accomplishment”.
- **Jokemaster/Inspiration:** Joyce Bullion, ACB, CL, told a blonde joke. A blind man stepped into a bar and tried to break the ice with the bartender by asking if he would like to hear a blonde joke. After being told that the bouncer (very large) and bartender, plus three others were very large and blonde, the blind man was asked if he still wanted to tell the blonde joke, and he said “No, I won’t because I don’t want to have to explain it 5 times.”

3. Featured Speakers:

- **Featured Speaker #1:** Eileen Helmstetter, TM, gave a speech titled “Liar, Liar, Pants on Fire!” which is a speech from Project No. 2 of the Competent Communication (CC) manual (Organize your speech). Eileen gave a lively speech on an experience she had when she lived in Alaska. She received a call that her house was on fire. She thought to herself “Liar, Liar, Pants on Fire!” She returned home to find out that her house was indeed on fire. She lost all her earthly possessions and was overwhelmed with requests from friends and family to help out. The loss of her earthly possessions brought her to the realization that there are much more valuable things in life than material things. It was so painful for her to ask others for help and then to accept their help. She learned a precious lesson that she still appreciates today: she learned how to accept help from others. Great speech, Eileen!
- **Featured Speaker #2:** Mariea Vaughan, CTM, gave Speech number 7 from the CC manual: Research Your Topic. She is going through the CC manual for the second time. It was an inspiring and informative speech on a topic I had never thought about. It was titled “B. C. Christmas”. She talked about the ancient Romans and how they celebrated on December 21, which was the shortest day of the year. They celebrated Winter Solstice. They used evergreens to reflect new life and fir trees to reflect the eternity of God. She went into detail about Joseph and Saturnalia. She expounded on the fact that Jesus’ birth and life did more to change the world than any other person. Amazing speech.
- **Featured Speaker #3:** Angela Kennedy Smith, CC, gave a speech from project 4 from the Advanced Manual - Communicating on Video, titled “The Press Conference”. Angela gave an interesting Press Conference on a Kapolei

Toastmaster's controversial subject: how do accommodate all of our members who want to speak when all speaker slots are full? She referred to the email sent by Holly to all our members presenting two options for a solution to the dilemma. The options are: Add a fourth Toastmasters meeting for each month or for one meeting per month, substitute the Jokemaster/Table Topic Master roles for a fourth speaker slot. Angela added a third option: have two back-up speakers for each meeting. The members did not act as journalists and respond since this project opened up discussion for feed-back from the members. One of the Executive Team Officers clarified the three points. This was a very effective speech as only one person had responded to Holly's email before this meeting. Many members responded and gave their vote after the meeting. The Executive Team will meet tomorrow and discuss this dilemma.

4. Table Topics Master: Sara Okuda, TM, was Table Topics Master and followed the Theme: "New Year Goals". The same question applied to all three speakers; "What are your New Year's Goals".

- **Speaker Number 1:**-Etsuko Fields, TM, was the first drafted volunteer. Etsuko said she is shooting for balance in 2015 with an emphasis on personal life. She is attempting to balance exercising, family time and Toastmasters.
- **Speaker Number 2:** Daniel Lum, TM, was asked to speak next. He said he has committed to "working out." He has worked out for 5 days this year. He also is working on time management and committed to spending time with his friends and with his parents who are aging.
- **Speaker Number 3:** Eric Hildenbrand, TM, was the third drafted volunteer. Eric said his goal for the New Year is to eat healthier. He frequently eats Fast Food, and he is

trying to eat fewer carbs and more green stuff surrounded by fruit. He mentioned Nutra-Bullets. I love to hear Eric speak and look forward to hearing more from him.

5.Evaluation Session:

- **Evaluator for Speaker #1:** Lani Abrigana, CC, evaluated Eileen. Lani gave kudos to Eileen for her fine speaking ability. The speech was well organized and had a good start, body and conclusion. Eileen did well to repeat her lesson learned at the end. Lani suggested she slow down some in her delivery.
- **Evaluator for Speaker #2:** Rose Martinez, ACS, CL evaluated Mariea Vaughan, CTM, and said Mariea did a tremendous job while using no notes. Rose has struggled with not using notes during her speeches and hasn't do it yet. Rose stressed that Mariea's speech was very informative on a topic most of us know nothing about. Mariea made a tremendous accomplishment. Her speech was interesting, important and relevant. It was suggested that she speak a little slower, speak more clearly and make better use of the speaking area.
- **Evaluator for Speaker #3:** Holly Holloway, ACB, CL wore her third hat and evaluated Angela. Holly said that Angela did well in her Press Conference. The material was important and pertinent. Angela dressed well and had a positive attitude. Holly suggested Angela use her hands more.

6.Reports:

- **Timekeeper:** Jerome Ababa, CC gave a thorough report of everyone's time. Only one person went over. We thank Jerome for stepping in at the last minute.
- **Grammarians/Ah Counter:** Irobela Wreagh, CL, gave a thorough and tactful report of each person's filler words etc and made note that "AND" was the over-used filler

word. One person used the “Word of the Day.” Once again we thank Irobela for stepping in and filling this important role at the last minute.

- **TMOD Closing remarks:** Holly made her closing remarks and made note that the best things in life are free-like a friendly smile.

7. General Evaluator:

- Joyce Bullion, CC, CL remarked that the meeting was short on time, so she shortened her report but mentioned the room was not set up by 11:45AM, but it is the first meeting of the New Year. There were no guests but so wonderful to have 14 members attend. Thirdly she mentioned that there are way too many last minute cancellations but she was so grateful to have people step in to save the day at the last minute. She stated the importance of fulfilling roles we sign up for. She wished everyone a happy new year.

8. Announcements/Adjournment:

- Holly announced that tomorrow, Friday, January 9th is the Executive team meeting at noon in Room 611 at the Kapolei State Building. She invited all members to come.
- Holly announced the District 49 Officer’s Training at the University of Phoenix-Downtown will be this Saturday, January 10, at 9AM.
- Joyce added that if we have four executive team members attend Saturday’s training, we will qualify for the fifth consecutive year for the Presidents Distinguished Award.
- Holly is leading her first educational module called “Leadership, Part 1: Characteristics of Effective Leaders”