

Kapolei Toastmasters (KTM)
Thursday, November 20, 2014
12:00-1:00PM
Kapolei Hale, Conference Room C
Theme: "Humor"
Meeting Recap
(Submitted by Joyce Bullion, CC, CL, Kapolei Toastmasters)

1. Opening of Meeting:

- President Holly Holloway, CC, CL, opened the meeting and we followed her lead in the Pledge of Allegiance.
- We had 19 people total which consisted of 6 guests and 13 members. Holly asked our honored guests to stand up and be recognized. Guests were: Kyoko McCawley, Rasika Leue, Jason Leue, Amy Long, Eric Hildenbrand and Alina Benachour (5 year old daughter of Iris)
- Members in attendance were: Irobela, Owen, Mariea, Angela, Dorreanne, Etsuko, Tanya, Iris, James, Rose, Christina, Joyce and Holly

2. Education Session:

- Holly introduced our TMOD who was Christina Pascual, TM. who introduced:
- **Timekeeper:** Iris Benachour, TM explained her role as timekeeper.
- **Grammarian/Ah Counter/Word of the Day:** Holly Holloway, CC, CL, explained her role as Grammarian/Ah Counter: She chose "Hilarious" as the Word of the Day.
- **Jokemaster/Inspiration:** Iris Benachour, TM, inspired us with words about a Nobel Peace Prize that was granted to Kailash Satyarthi and Malala Yousafzai "for their struggle against the suppression of children and young people and for the right of all children to education." Malala was shot in the head for attending school. All Malala

wanted to do was to go to school and be educated. She could have backed down, but she pursued this with utmost courage and determination. Malala was the youngest person to ever receive the Nobel Peace Prize. Iris, this was a wonderful way to bring inspiration to all of us. She touches each of us in a very special way.

Determination takes us to places we never dared to go.

3. Featured Speakers:

- **Featured Speaker #1:** Angela Smith, CC, gave a speech from Project No. 4 from the Advanced Manual, Persuasive Speaking. The purpose of Project No. 4 was to persuade the audience to accept or at least consider her viewpoint on multi-level marketing. Angela's speech title was: "Weighing In On Multi-Level Marketing". Angela approached "Talk Fusion", a multi-level marketing company, with a "WOW" attitude, and jumped in with both feet. She looked around and was surprised that others did not have the same "Wow Attitude" towards this product. In multi-level marketing, you find support and encouragement. Often times, you'll get a lot of "no's" before you get a "yes". Angela called on two people in the audience to share about their multi-level marketing opinion. Holly said she has been with four multi-level marketing companies, she lost money in each venture. Angela then called on Mariea to share her opinion. Mariea mentioned that one of the important ingredients for success in multi-level marketing is that you love the product and believe in the company. You can bring others on board when you believe in what you are doing and persuade others to do the same. Angela expounded somewhat on her love of the product and importance of believing in the company. Angela said some people make a huge income with multi-level marketing.

- **Featured Speaker #2:** Tanya Mendoza, TM, gave a speech from Project No. 5 from the Competent Communication (CC) Manual. Project No. 5 is “Your Body speaks” and Tanya’s speech was titled “What Was That Noise?” Tanya came out with her hands spread out. About twenty years ago, she woke up one morning with pizzazz, did her exercises, got hot and sweaty, and decided to take a shower. As she was in the shower and was shampooing her hair, she heard a very loud noise. She ignored it as long as she could. The sound was a building siren and a friend was loudly knocking on her door and yelling “We must evacuate immediately!” Her friend added “Get out now!” With shampoo in her hair, Tanya wrapped herself and after she opened the door, she saw her friend lying on the floor, rolling in laughter. Tanya slammed the door and went back into the shower and rinsed the shampoo from her hair. She thought about what just happened and began to have a good belly laugh before she rinsed completely. Tanya said that laughter is good medicine. It releases endorphins and makes you happy. When you are happy, it generates hope, optimism and good energy. Everyone should have one good belly laugh a day. “It takes more muscles to frown than to turn it upside down and smile.” Tanya is still friends with the woman, and she has not retaliated yet; but they are both young and there is time!

4. Table Topics Master:

- **Speaker:** Dorreanne Kaehuaea, TM, followed the theme for the meeting (Humor) and her topic was “Your Favorite Comedy TV Show.” Dorre mentioned many old time favorites like “Seinfeld” and “I Love Lucy”, “Everybody Loves Raymond” and many others. Dorre connected well with all of us as we thought of humorous TV shows.

- **Speaker number 1:** Mariea Vaughan, CTM, volunteered first and talked about a “I Love Lucy” show in which the women went golfing and the men showed them goofy ways to golf. Mariea had a good belly laugh as did the rest of us.
- **Speaker Number 2:** Holly Holloway, CC, CL, shared that one of her favorite TV Comedy shows was Hogan’s Heroes when the sergeant Schultz said, “I know nothing and I see nothing” in response to the shenanigans of the prisoners.
- **Speaker Number 3:** Rasika Leue, guest and soon to be Kapolei Toastmaster, talked about Lucy going to Greece and stomping on a bunch of grapes used for juice. Lucy joined in on a grape fight. I could just see the purple grapes dripping from Lucy and those she was fighting with. It was hilarious!

5. Evaluation Session:

- **Evaluator for Speaker #1:** Rose Martinez, ACB, CL, evaluated Angela Smith, CC, and started by saying one of Angela’s challenges was to have someone give their opposition to multi-level marketing. She could have talked about its legality, vs. how some people think it could be illegal. Rose said the speech itself was good and Angela delivered it in a friendly manner. It was a tough project. Angela needs more vocal variety and better use of speaker area. Angela had good eye contact.
- **Evaluator for Speaker #2:** Etsuko Fields, TM, evaluated Tanya Mendoza, TM. Etsuko said Tanya did a great job. She had good eye contact and dramatized it well. We could just see the whole scenario. We were on pins and needles wondering why there was an evacuation and then we waited to see how Tanya retaliated. It was a fun speech and stayed with the theme. Etsuko said Tanya’s

gestures were wonderful with arms stretched out. The only suggestion for improvement would be for Tanya not to pause quite as long. Sometimes when she paused so long, it made Etsuko wonder. Tanya had good eye contact and her story was glorious. She definitely met her goal with body language.

6.Reports:

- **Timekeeper:** Iris Benachour, TM, had a very thorough report of everyone's time. Good job, Iris!
- **Grammarians/Ah Counter:** Holly Holloway, CC, CL, did a thorough report of everyone's grammar and word fillers and notated those who used the "Word of The Day". Great job, Holly!
- **TMOD Closing remarks:** Christine Pascual, TM made her closing remarks. We thank her for her courage for her first attempt as TMOD. Christine introduced Joyce Bullion, CC, CL.

7. General Evaluator:

- Joyce Bullion, CC, CL delivered her report for General Evaluator. She used the format from the KTM website www.kapoleitoastmasters.com and gave kudos for the room set-up, guests were greeted and meeting roles well defined, The President set a good tone. The TMOD did well for her first time. Joyce had everyone clap for Christina. Iris did well as Timer. Holly did a good job as Ah Counter/Grammarians. Many used word fillers and many used the Word of the Day. Dorre did wonderful as Table Topic Master and stayed with the theme of the day. She connected well and many thought about their favorite TV comedy programs. The speakers, Mariea, Holly and Rasika were hilarious and selected humorous pilots. The Evaluators were

superb. Rose was accurate and Etsuko described the joy and suspense Tanya displayed well. Joyce added that Tanya did extremely well with using the speaker area. Joyce introduced a new guest, Eric Hildenbrand. Eric did an excellent job explaining what brought him to our Toastmasters meeting. Joyce also introduced guest, Amy Long and Iris' 5 year old daughter, Alina.

8. Announcements/Adjournment:

- Holly made closing remarks and made sure everyone signed up on the spreadsheet.
- She announced the meeting next week is at the State Building-Room 111 and it is on a Wednesday because of Thanksgiving. We will have cake and ice cream.
- There will be an induction next week of new members, Jason and Rasika Leue.