

Kapolei Toastmasters (KTM)
Thursday, September 18, 2014
12:00-1:00PM
Kapolei Hale Conference Room C
Theme: "Birthdays"
Meeting Recap
(Submitted by Joyce Bullion, TM, Kapolei Toastmasters)

1. Opening of Meeting:

- President, Holly Holloway, CC, CL, opened the meeting and we followed her lead in the Pledge of Allegiance.
- We had 17 people total which consisted of 4 guests and 13 Members. Holly asked our honored guests to stand up and be recognized.
- Members in attendance were: Kim, Rose, Alex, Guy, Carryssa, Tanya, Owen, James, Joyce , Holly, Mariea, Irobela, and Iris. Honored guest were: Eddie Joseph, DTM, Division B Governor, Chakib Benachour, Ashley Medina and Debra Werner.

2. Education Session:

- Holly introduced our TMOD who was Rose Martinez, ACB, CL. who introduced:
- **Timekeeper:**
Eddie Joseph, DTM, filled in at the last minute as Time keeper and explained his role in detail.
- **Grammarians/Ah Counter/Word of the Day:**
Iris Benachour, TM, explained her role as Grammarian. It was Iris first time for Iris to be Grammarian/Ah Counter.
- **Jokemaster/Inspiration:**
Mariea Vaughan was Joke Master/Inspiration person. Mariea took us back a few years to the movie "Mickey and the Beanstalk." She brought back memories of this movie with Mickey Mouse and inspired us with animation. Good job, Mariea!

3. Featured Speakers:

- **Featured Speaker #1:** Guy Kidder, TM, gave a speech from project number 5 in the Competent Communication manual titled, “Mr. Monroe” with the goal of “Your body speaks”. Guy had been to a Crossfit Training session and was asked “What super power would he like to be and what would you do with that power?” He responded without thinking to have the power of having a time machine and going back doing everything “right”. Two days later he attended Mr. Monroe’s birthday party who had turned 96 years old. Later, Guy was helping a new agent 28 years old (34 years younger than him). After some pondering Guy realized that Mr. Monroe was 34 years older than him. Guy asked Mr. Monroe what advice he would give to a young man like Guy. Mr. Monroe listed three things: 1) Stay close to your family. When you lose them there is a big hole left in you; 2) Keep your friends and lastly; 3) to keep learning because if you do not, you will fall behind. Mr. Monroe’s company today is called: Colliers, International. Great speech, Guy!
- **Featured Speaker #2:** Carryssa Krzyska, TM, gave speech project number 2 from the Competent Communication manual, titled “Health”. Her goal was to organize the speech. Carryssa started by asking how many of us have food addictions or health problems? She had my attention. She then gave a history that all food was organic 100 years ago. We then started using chemicals to grow crops. People who eat at fast food restaurants regularly risk developing depression and health challenges with blood pressure, diabetes, cholesterol and weight problems. Carryssa challenged us to make better choices like salad instead of fries, water instead of soda, etc. Great speech Carryssa!
- **Featured Speaker #3:** Rose Martinez, ACB, CL gave project number 5 from the advanced manual, Interpretive

Reading, titled “JFK’s Inaugural Speech”. The speech was absolutely mesmerizing and took many of us to a time that was much happier. There were many profound words in this speech and it was suggested that we convert our thoughts to good deeds. He talked about helping the oppressed and poor, and eradicating diseases. He asked us to consider negotiations before going to war. The speech ended with “Ask not what can my country do for me, but ask what can I do for my country?” Rose did a great reading with emotion and conviction.

4. Table Topics Master: Kim Abe, TM, had done a lot of research on the theme “BIRTHDAYS”. It was very interesting as to how birthday cakes came about and that the words “Happy Birthday” were not written on cakes until the song “Happy Birthday” became popular. Some of the tradition came from ancient Rome in the 18th century. Kim’s question to the first speaker was: “Has there been a time when you have forgotten someone’s birthday. What happened as a result?”

- **Speaker #1:** She called on guest Ashley Medina and he responded by sharing with us a time when he forgot his mom’s birthday. His mom’s birthdate is December 12. Ashley is expecting his first child around December 12 so he does not think that will happen again. This was Ashley’s first time to speak at Kapolei Toastmasters. He speaks very clearly and seems not to be uninhibited. I look forward to hearing more from him.
- **Speaker #2:** The question for speaker number 2 was: “Has your birthday been forgotten by anyone and if so, how did you feel?” Eddie Joseph, DTM, volunteered to speak on this topic. His birthday is September 11 and had been forgotten in the past. Then came September 11, 2001 when Eddie was in Hawaii and he made an important decision to move to Hawaii that day. It took 3 years to actually do it. Since September 11, 2001, he has had all sorts of people remember his birthday. Thank

you, Eddie, for a great table topic response and just for visiting our club.

- **Speaker #3:** Volunteer Tanya Mendoza, TM, decided not to speak on her question but told us how much she loves to celebrate birthdays. Her question was: “Of all the birthday cakes you have been given, which was the most memorable?” Tanya celebrates in a big way and orders Baskin-Robbins birthday cakes for her family. Listening to Tanya made me want to be adopted by her family. We celebrate our birthdays for a solid week. Tanya told us how she got her 7 year old a trampoline on his last birthday.

5. Evaluation Session:

- **Evaluator for Speaker #1:** Alex Agsalud, CC, evaluated Guy Kidder, TM, and mentioned Guy is one of his favorite speakers. Alex said Guy has confidence and calmness and speaks clearly. Alex said Guy gave good advice to keep learning. Alex said Guy did a great job with three things eye contact, facial expressions and hand gestures. Alex suggested that Guy use both hands when he speaks-not just his right hand.
- **Evaluator for Speaker #2:** Joyce Bullion, CC, evaluated Carryssa. Joyce gave kudos to Carryssa for her opening. Joyce noted that the question Carryssa asked all of us did well to connect us. So many of us have health problems as a result of our diets. I had just brought brownies and cupcakes to the meeting and had a soda at my seat! Joyce felt that Carryssa did well to connect with respect. She did not talk down to anyone. Carryssa spoke very clearly and researched her topic well. She was very organized in her delivery. Suggestions for improvement were that she improve her eye contact by not looking down at the paper as much and to use more of the speaking area. It was a great speech, Carryssa. I look forward to hearing more from you.

- **Evaluator for Speaker #3:** Owen Tamamoto, ACB, ALB, evaluated Rose Martinez, ACB, CL. Owen is a seasoned speaker and a seasoned evaluator. Rose is a seasoned speaker so all were well matched. Owen gave kudos for Rose's choice of JFK's speech. Rose spoke with passion and conviction. He suggested however that she be more concise and just tell the main parts of the speech. He said she started with good eye contact and gradually read from the paper and lost eye contact.

6. Reports:

- **Timekeeper:** Eddie gave a thorough account of everyone's time. Two people had gone over their time.
- **Grammarians/Ah Counter:** Iris Benachour, TM, did an excellent job of Grammarian/Ah Counter. She noted the effective pauses.
- **TMOD Closing remarks:** Rose was a gracious emcee

7. General Evaluator:

- Irobela Wreagh, CL gave a thorough General Evaluator report. She explained her role well as General Evaluator. She said the room had been set up nicely in advance and our club is always warm and friendly to guests and to each other. Our president set the tone nicely. She gave Kudos to Owen and Eddie for filling in for those who did not come. Irobela suggested that Iris bring a "word of the Day" next time and that Joyce talk a little longer when doing an evaluation but that she spoke with integrity and conviction. Rose came prepared about our theme. Thank you, Irobela, for a great report.

Announcements/Adjournment:

- Because the meeting was running late, Holly wrapped the meeting up nicely by asking everyone to sign up for future roles.
- Holly also announced that membership renewal dues were due by September 26 in the amount of \$40.50 for club membership.

- Eddie announced that he needs volunteers for functionary roles on October 4th for the Division B humorous speech and evaluation contest.
- James mentioned that if you will be a speaker in a future meeting, before the meeting, please send him the speaker introduction form as he needs it to plan the meetings. If you don't have a speech title, just let him know the speech manual and project number. Not only will this help James, it will also help the TMOD and the speech evaluators prepare for the meeting.