

**Kapolei Toastmasters (KTM)**  
**Thursday,**  
**July 17, 2014**  
**12:00-1:00PM**  
**Kapolei Hale, Conference Room C**  
**Theme: "Ice Cream"**  
**Meeting Recap**  
**(Submitted by Joyce Bullion Kapolei Toastmasters)**

**1. Opening of Meeting:**

- President Holly Holloway, CC, CL opened the meeting and we followed her lead in the Pledge of Allegiance.
- Holly welcomed 8 Members: Alex, Rose, Holly, Kim, Joyce, Jerome, Sara and Tanya.
- 5 Guests: Eddie Joseph, Robbie Loo, Rocky Davis, Melanie Baguio and daughter Joann Rose.
- Holly was also the TMOD:

**2. Education Session:**

- **TMOD:** Holly Holloway, CC, CL introduced:
- **Time Keeper:** Kim Abe, TM explained her role
- **AH/Grammarian/Word of the Day:** Rocky Davis, ACB, CL, mentioned ah, um and so and said he will count them if you use them.

**3. Featured Speakers:**

- **Featured Speaker #1:** Joyce Bullion, TM, gave speech Number 10 from Competent Communicator Manual, titled "Progress-not Perfection". She started by asking how many think they are perfect. No one raised their hand. She then asked how many thought they are awesome and everyone raised their hand. She said we were not born to be perfect but to be awesome. She made three points: a. What brought her to Toastmasters

b. she learned the importance of speeches and c. her stick-to-itiveness, even though she is not a polished speaker. She ended with saying she hopes to be “perfectly awesome” one day. By giving this speech she completed her requirements for her Competent Communicator Award.

**Speaker 2:** Eddie Joseph, DTM, gave speech titled “Preparation and Practice” from manual: “Better Speaker Series”. Eddie gave us a lot of helpful tips on how to prepare to give a speech. He mentioned two things that were outstanding: 1. Talent needs training and 2. Practice ideas and not words. I believe everyone took notes. He is a polished speaker and had a lot of helpful hints.

- **Speaker 3:** Alex Agsalud, TM gave speech number 8 from the Competent Communicator manual titled “Where is our Home in Space?” His purpose was to use visual aids. Alex used a projector and did a very impressive speech on “Where is our Home in Outer Space”. I learned a lot from Alex’s speech and now can specify between stars and planets. He gave a lot of information. We had a good idea of our proper size. I also learned about light years.

#### 4. Table Topics:

- **Table Topics Master:** Rose Martinez, ACB, CL asked Tanya “what is her favorite ice cream and why?”
- **Table Topic Speaker:** Tanya Mendoza, TM, responded with coffee ice cream and the reason is because she ate it as a child at her grandfather’s house at bed time. That was a good time in her life and it takes her back. We had limited time so we had only one Table Topic speaker.

#### 5. Evaluation Session:

- **Evaluator #1:** Jerome Ababa, CC, evaluated Joyce and began by congratulating Joyce on obtaining her CC Award. He then began by saying she had good eye contact and he liked her beginning by connecting with the audience by asking a question. She used good visual aids. Suggestions for improvement were to make better use of the space by the lectern, do not mention mistakes and focus on better vocal variety though there was some.
- **Evaluator #2:** Rocky Davis. ACB, CL evaluated Eddie Joseph and could not think of suggestions for improvement. He suggested Eddie be a mentor to many people. Eddie achieved his DTM in three short years and is a seasoned Toastmaster with many good tips and ideas for improvement. We love hearing from Rocky and having him visit our club.
- **Evaluator #3:** Rose Martinez, ACB, CL evaluated Alex Aghalud. She said he had a lot of information about outer space and where we are. He did very well with visual aids. She said he used a good choice of words and since she taught science she knew his information was correct. It was dark in the room so she was not sure about body language or eye contact. She wished he had talked about our attempts at going into outer space with the Challenger since one of the astronauts was from the Big Island.

## 6. Reports:

- **Timekeeper:** Kim did an excellent job as timekeeper-only one person went over their time limit
- **Grammarians/Ah Counter:** Rocky gave a thorough report of fillers and one person had too many to count. There was no word of the day so we all did well in that category.

- **TMOD Closing remarks:** Holly made mention of the Officer's Training. Everyone attended and it was excellent. She then presented the Competent Communicator Award and ribbon to Joyce.

**7. Announcements/Adjournment:**

- Asked us to sign up for future roles and announced that we meet at The State Building next week in room 111.